



City of

Stamford

Mayor David R. Martin

Stamford Recreation **SPRING/SUMMER 2016** Brochure



Online Registration
For Spring Programs
Begins March 15th, 2016

Walk-in Registration
For Spring Programs
Begins March 16th, 2016

Summer Day Camp, Activity Programs,
Playground Program & Preschool
Camp Registration Dates are on Page 3!



Stamford Recreation Services • 888 Washington Blvd
Tel 203-977-5214 • Fax 203-977-5504 • www.stamfordrecreation.com

Welcome To Stamford Recreation Services

City Officials

Mayor: David R. Martin

Department Staff

Superintendent: Laurie Albano

Assist. Superintendent: Scott Kassouf

Assist. Superintendent: Matthew Nordt

Recreation Supervisor: Megan Gearhart

Recreation Leader: Robert Pentino

Office Support Specialist: Tina Baines

Office Support Specialist: Maura Rudd

Parks & Recreation Commission

Joseph Andreana: Commissioner/Chairman

Althea Brown: Commissioner

Lyda Ruijter: Commissioner

David Winston: Commissioner

Beth Cooper: Commissioner

Office Hours

Monday - Friday - 8:30AM - 4:30PM

until June 30th, 2016

Monday - Friday from 8:00AM - 4:00PM

July 1st - Sept. 1st, 2016

Note: Registration for all spring & summer programs except specified camps, begins as follows:
On-line - Tuesday, March 15th, 2016 @ 8:30AM
Walk-In Registration - March 16th, 2016 @ 8:30AM

Please see page 3 for Summer Day Camps, Activity Programs, Playground Camp and Preschool Camp Registration Dates!

Recreation Office Holidays

Friday, March 25th, 2016 - **Good Friday**

Monday, May 30th, 2016 - **Memorial Day**

Monday, July 4th, 2016 - **Independence Day**

Registration Procedure

Stamford residents are given first priority to register for all programs. Non-Residents may register for programs on an availability basis one week prior to the start of the program, with a \$10.00 surcharge. This does not apply to athletic leagues which have separate eligibility policies. Registrations are not accepted at any of our programs & must be done in advance at the **Recreation Office or ONLINE**

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Fee Payment

Instructors **CANNOT** accept registration at the class. Fees must be paid at the Recreation Services Office in advance or on-line. Payments may be made by cash, check and credit card only. Credit cards will be accepted at the Recreation Services Office, or on line with Visa and Master Card Only! You must be 16 years old to register for adult programs and 21 years of age for casino trips. **All checks should be made payable to the City Of Stamford**

From The Superintendents Desk

It is the mission of the Stamford Recreation/Leisure Services Department to create inclusive recreational opportunities for growth and enhancement by developing

services, camps, classes, programs, and also to assist in the facilitation of diverse events that promote citizen involvement and a strong sense of community while striving to increase the social, cultural, enrichment and physical well-being of its residents and visitors.

Department Policies

Reduced Fee Policy

Any child that receives free or reduced lunch in the Stamford Public School System is eligible for a reduced fee on selected programs, events & camps. A copy of the school lunch certificate must be supplied at the time of registration to receive the reduced rate. **Programs that this applies to are marked in the pages ahead.** There is also a maximum number of reduced fee slots available per program or camp.

Returned Check

If a check is returned to Recreation Services for any reason, a cash or money order payment of \$50.00 plus the face value of the check is required immediately.

Class Cancellation

Whenever schools are closed due to bad weather or holidays, all youth recreational programs scheduled will be cancelled. Cancellation announcements can be heard on WTNH Channel 8 News, Channel 12 News or by calling our cancellation phone line at **977-4641 EXT. 111 or 977-5214.**

Refund Policy

Refunds shall be granted before a class begins for an incapacitating medical hardship with a doctor's note, relocation with documented proof or if a waiting list is available and the spot can be filled. Any approved refund will be granted minus a 15% processing fee. If we cancel a program for any reason, there will be a full refund with no processing fee. Any refund granted after a class begins shall be prorated in addition to the 15% processing fee. **If false information is given on a registration form, the registration is null and void and there will be no refund.**

On-Line Registration Is Easy

We have on line registration available for residents by logging on to **www.stamfordrecreation.com** Registrations can only be paid by credit card on line with a Visa or Master card. On-Line registration for **spring programs begins March 15th, 2016 at 8:30am** and **walk - in registrations begins March 16th, 2016 at 8:30am.** For more information regarding on-line registration, please call 977-5214.

Registration Forms

Mail in registration forms are available on line at **www.stamfordrecreation.com** or at our office.

2016 Summer Camp Registration Dates

Registration Dates For Day Camps, Activity & Playground Programs & Preschool Camp 2016

Please update your on-line account before registration the week of **March 1st, 2016 on our new software system.** On-line Day Camp spots are only available for full pay fee spots and registration for all three camps starts at 8:00am on-line, **March 1st, 2016.** **Does your child have an IEP? If yes please check yes on the registration form and fill out the attached information so that we can determine if your child will need a para at camp.**

Tuesday, March 1st - 8:00AM (Wait lists cannot be done online)

Heroy Day Camp - 70 spots out of 110 maximum spots - **On-line**

Davenport Day Camp - 75 spots out of 95 maximum spots - **On-line**

Westover Day Camp - 60 spots out of 80 maximum spots - **On-line**

- If you are not successful in securing a spot online you may attend the walk-in registration
- All walk in registrations are first come, first served basis

Walk-in Registration Dates For The Above Listed Day Camps (Full pay & Reduced Pay Fee Spots)

Heroy Day Camp - Wednesday, March 2nd, 2016 at **8:00AM** - 30 Full pay spots & 10 Reduced Fee Spots

Davenport Day Camp - Wednesday, March 2nd, 2016 at **8:00AM** - 20 Full pay spots & 70 Reduced Spots

Westover Day Camp - Thursday, March 3rd, 2016 at **8:00AM** - 20 Full pay spots & 85 Reduced Spots

- There could possibly be more walk-in spots available if the maximum number of on-line spots are not filled!



Activity & Playground Program On-line (Full Pay Only) & Walk - in Registration Date

Stillmeadow & Newfield Activity Program, Friday, March 4th, 2016 starting at **8:00AM** on-line & Walk-In

Barrett Playground, Tuesday, March 8th, 2016 starting at **8:30AM** on-line & Walk - In

Preschool Summer Camp At Roxbury - Registration will be on Thursday, March 10th, 2016 at 8:30AM

No on-line registration for this camp and a Copy of the child's Birth Certificate is required at registration!

Early Childhood Programs & Egg Hunt

Easter Extravaganza (Ages 4 - 8)

Where: Turn Of River School Gym

When: March 19th

Time: 10:00AM - 11:30AM

Day: Saturday

Fee: \$8.00 per person / All participants must have a ticket

Instructors: Recreation Staff

Description: Come and bring the whole family and enjoy this event which is designed for children ages 8 and under. We have all sorts of fun activities for the kids such as: face painting, bounce houses, balloon maker, pictures with the Easter bunny, and an egg hunt. Each child will be allowed to participate in the egg hunt which will be run in flights for different age groups. Once the child finds 10 plastic eggs they will win a prize. **(Please note a maximum of 10 eggs is allowed).** We will also be hiding a few select golden eggs which also win a bigger prize. Each child should bring a basket for the egg hunt. **The egg hunt will be outside. There will be no rain Date Make Up!**



Just Mommy & Me (Ages 1-2)

Where: TOR Presbyterian Church/ 49 Turn of River Rd.

When: April 13th - May 25th

Time: 9:45AM - 10:15AM

Day: Wednesday

Fee: \$42.00 per child for 7 weeks

Instructor: Victoria & Staff

Description: This class is a fun and exciting way to introduce your child to new friends and allow them to explore new activities each week. We'll always start with fun free play, then Storytime, and a fun simple art project. **A Child and Mommy/ caregiver program**



Little Artists (Ages 1 -2)

Where: TOR Presbyterian Church/ 49 Turn of River Rd.

When: April 13th - May 25th

Time: 10:30AM - 11:00AM

Day: Wednesday

Fee: \$42.00 per child for 7 weeks

Instructors: Victoria & Staff

Description: A favorite class for little hands! Let us bring out the artist in your child with fun and sometimes messy art projects. Don't forget a smock! **A parent/ caregiver and me program**



Check Out Tiny Tots Camp

If your child is age 3-5 check out our summer pre-school camp on Page seventeen of this brochure. Registration will begin for this camp on Thursday, March 10th, 2016 at 8:30AM at the Recreation Office. This camp is full of fun activities, crafts, stories, outside play & special events .

Creative Crafts (Ages 3 - 4)

Where: TOR Presbyterian Church/ 49 Turn of River Rd

When: April 12th - May 24th

Time: 9:45AM - 10:30AM

Day: Tuesday

Fee: \$47.00 per child for 7 weeks

Instructors: Victoria & Staff

Description: We'll use fun and exciting materials to create art projects your child will love to show off! We can get messy sometimes so don't forget a smock! **A parent and me program**



Shake Rattle & Groove (Ages 3 - 4)

Where: TOR Presbyterian Church/ 49 Turn of River Rd

When: April 12th - May 24th

Time: 10:45AM - 11:30AM

Day: Tuesday

Fee: \$47.00 per child for 7 weeks

Instructors: Victoria & staff

Description: This class allows children to explore various movements. Tots will socialize with other children and exercise in a fun comfortable setting. Songs, dance and parachute play are a few fun things we will do! **Child and caregiver program**



Mini Gym Time (Ages 1 -2)

Where: Break Thru Family Fitness / 48 Union Street

When: April 14th - May 26th

Time: 9:45AM - 10:15AM

Day: Thursday

Fee: \$42.00 per child for 7 weeks

Instructors: Victoria & Staff

Description: Get moving in the morning! Give your child time to run off extra energy in a safe and fun environment. We'll jump, slide and crawl our way through a fun class. A parent and me program.



Movers & Shakers (Ages 3 - 4)

Where: Break Thru Family Fitness / 48 Union Street

When: April 14th - May 26th

Time: 10:45AM - 11:30AM

Day: Thursday

Fee: \$47.00 per child for 7 weeks

Instructors: Victoria & Staff

Description: This class allows your child the space to run and make new friends in a safe and comfortable environment. With slides, a climbing wall and tunnels to crawl through, we're always busy! **Parents can stay and enjoy the fun or enjoy the time to themselves**



Early Childhood Music & Sports Programs

Playful & Joyful Music Program For (Ages 3 - 5) - NEW

Where : The Zion Lutheran Church 132 Glenbrook Road

When: April 12th - May 17th

Day: Tuesdays

Time: 10:30AM - 11:15AM

Instructor: Merrill Collins

Fee: \$75.00 per child for six weeks / Mommy & Me Class

Description: This is an opportunity for parents to play music with their children in a fun, creative way with a variety of instruments from around the world. Merrill Collins, a professional musician and music therapist from Arts for Healing in New Canaan, CT, is offering this exciting program..

Children will enjoy playing all types of instruments from drums to shakers to maracas. The therapist will provide the instruments from all around the world for the children and adults. Merrill will play guitar and sing, helping the children and parents enter into the world of musical expression through different styles of musical themes and musical games to stimulate the imagination, the mind and movement.

All of the instruments will be provided.

Parent & ME Total Sports (Ages 2 - 3)

Where: Scalzi Park Field

When: April 19th - June 7th

Day: Tuesday

Times: 9:00AM - 9:50AM

Fee: \$150.00 per child for 8 weeks

Instructors: US Sports Institute Staff

Description: With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport within each class, including soccer, lacrosse, T-ball, basketball, floor hockey and flag football.



Total Sports Squirts (Ages 3 - 5)

Where: Scalzi Park Field

When: April 19th - June 7th

Day: Tuesday

Times: 10:00AM - 11:00AM

Fee: \$150.00 per child for 8 weeks

Instructors: US Sports Institute

Description: Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment



Soccer Tikes For Preschoolers (Ages 3 - 6)

Where: Scalzi Park

When: April 23rd - May 28th

Day: Saturdays

Time: 9:00AM - 10:00AM - Koalas / 3 year olds - Sess. 01

10:00AM - 11:00AM - Koalas / 3 year olds - Sess. 02

11:00AM - 12:00PM - Bears / 4 - 5 years old - Sess. 03

12:00PM - 1:00PM - Tigers / 5 - 6 years old - Sess. 04

Fee: \$117.00 for 6 weeks

Instructor: Kevin Fallon, Certified Soccer Instructor

Description: At Soccer Tikes, we stress a non-competitive environment. This is a child development program for kids. Classes are designed to develop motor skills, promote physical fitness, and create self-confidence. We also mix fun, skill development activities with actual small sided games. **A great relaxing and fun way for your child to learn about soccer!**

NEW- Little Scoops Lacrosse (Ages 3 - 6)

Where: Scalzi Park

When: April 23rd - May 28th

Day: Saturdays

Time: 1:30PM - 2:30PM (Ages 3 - 4) - Sess. 01

2:30PM - 3:30PM (Ages 5 - 6) - Sess. 02

Fee: \$117.00 for 6 weeks per session

Description: A fun, high-energy, non-competitive program designed to introduce the game of lacrosse to boys and girls. The Little Scoops curriculum teaches introductory lacrosse skills such as catching and shooting, cradling, and scooping up ground balls. As the young athletes progress through the age and skill levels of the program, lessons are focused on developing individual skills as well as learning to work together in pairs and teams. Our sessions are taught by experienced coaches who are trained in teaching and engaging young children in creative, fun and instructional activities. As the safety and comfort of our young athletes, and their parents, is of the utmost importance, age-appropriate equipment such as vinyl lacrosse balls and smaller nets are used in all sessions.



Gymnastics For Preschoolers

Where: Zion Lutheran Church at 132 Glenbrook Road

When: April 11th - June 6th (5/30)

Time: 9:30AM - 10:00AM (Ages 2 - 3)

Day: Monday

Fee: \$128.00 per child for 8 weeks

Instructors: Matt Rowan, certified instructor

Description: The GYM ON WHEELS program will have your children tumbling, tucking, and jumping out of their shoes until their next encounter with us. This class will help your children develop fundamental gymnastics skills, while also teaching them skills in areas such as coordination, balance, agility, listening to instruction, and the importance of teamwork. We are Team USA Gymnastics team members. We teach children the basic skills used for pommel horse, high bars, balance beams, parallel bars, springboards, and much more....all while making sure your **Smile & Have Fun!**

Summer Camps and Summer Program information

Starts on Page 17



Pixalina Dance & Youth Programs

Tiny Tu - Tus (Age 2)

Where: Terry Connors Rink/Second floor class room

When: April 1st - May 27th (No class 4/8)

Day: Friday

Times: 9:30AM - 10:15AM

Fee: \$180.00 per child for 10 weeks

Instructors: Ms. Danette

Description: Get your tu-tus out! It's time to twirl and leap to classical music. During this 45 minute class, your little dancer will learn the basic ballet techniques as they move to the beautiful sounds of classical music. * **Pink leotard, tights and pink ballet slippers required.**



Shake It Up & Dance (Ages 2 - 3)

Where: Terry Connors Rink/Second Floor classroom

When: : April 1st - May 27th (No class 4/8)

Days: Friday

Times: 10:15AM - 11:00AM

Fee: \$144.00 per child for 8 weeks

Instructors: Ms. Danette

Description: Children will bang on a drum, shake, rattle and roll in this fun class. Movement and music will be incorporated into this program.



Broadway Babies Ballet/Tap (Ages 4-5)

Where: Terry Connors Rink/Second Floor classroom

When: April 1st - May 27th (No class 4/8)

Day: Friday

Time: 11:00AM - 11:45AM

Fee: \$144.00 per child for 8 weeks

Instructors: Ms. Danette

Description: Tiptoe into the world of ballet, explore movements, tempo and more. Students are required to wear their hair up out of their face, leotard and tights & leather ballet slippers or bare feet. **Pink tights & pink ballet slippers required.**



Ballet/Tap Combo (Pre K - 3 Grade)

Where: Terry Connors Rink/Second Floor classroom

When: : April 1st - May 27th (No class 4/8)

Days: Friday

Time: 4:00PM - 5:00PM (Ages Pre - K) - **Section A**

5:00PM - 6:00PM (Gr. K-3) - **Section B**

Fee: \$180.00 per child for 10 weeks

Instructor: Ms. Danette

Description: Shuffle your way into a new and exciting Ballet/Tap class! Dancers will learn the basics of good dance habits while enjoying the opportunity to explore space. Students are required to wear their hair up out of their face.

Light blue leotard, pink tights & pink ballet slippers also required.



Horseback Riding Lessons With Mead Farm

Where: Mead Farm on 107 June Road, Stamford

When: April 24th - May 8th

Day: Sunday

Time: 3:30PM - 4:30PM

Fee: \$235.00 per person

Instructor: Mead Farm Staff

We have teamed up with Mead Farm in Stamford to offer horseback riding lessons for children ages 5 & up. Teenagers and even adults are welcome. Each session with an instructor includes a 1/2 hour horseback riding lesson in an outdoor ring plus 1/2 hour horsemanship classes covering general horse care, grooming, tacking & untacking. Requirements are a **signed waiver, long pants & boots with heels. Mead Farm will supply the helmet. Participants must wear warm clothing for this outdoor program. For more information go to www.meadfarm.com**
Note: Any child with Special needs please contact Mead Farm at **203-322-4984** to arrange for a smaller class. **Please arrive 15 minutes early and No Make Ups!**

Required Forms: All participants must fill out the required waiver forms that can be down loaded from our website at www.stamfordrecreation.com and returned to Mead Farm by **April 15th, 2016.** to participate in the program. Also, this is an introductory program and anyone looking to return from the spring session should contact Mead Farm directly for other programs. **Max of 12 students! There will be No make up classes we ride rain or shine!**



Birthday Party Info

We offer 6 types of fun birthday parties for ages 4 - 10 on Saturdays Only

Held at: Zion Lutheran Church - Glenbrook Road
First Presbyterian (Fish Church) - Bedford Street
Fort Stamford - Westover Road., Westhill Pool
Break Thru Fitness

Party Types:

Classic Party – Just like the Good Old Days

Super Sports Party - A Great Active Party for the Sports Lover

Butterfly Party - A Fun Time for your Butterfly Princess

Hawaiian Luau - Party in Paradise with Island Fun

Zoo Party - A Great Party for your Animal Lover

Fee \$275.00 per party - includes Party Staff, Goodie Bags, card & small gift for the birthday child, and all equipment you needed for the party you choose.

(Pool Party) - New this Spring

\$400.00 per party includes 1 hour of pool time

For more information or to schedule your party contact :

Bobby Pentino, Recreation Leader at (203)977-4645
rpentino@ci.stamford.ct.us or Erica Grant Birthday Party Coordinator at egrantstamford@gmail.com
Stamford Recreation Services 888 Washington Blvd

American Doll & Youth Programs

Kids Yoga (Ages 3 - 5)

Where: Family Tree Yoga 980 Hope Street

When: April 12th - June 16th

Day & Time: Tuesdays / 4:15PM - 5:00PM
Thursday / 1:45PM - 2:30PM

Fee: \$185.00 per child for once a week - **Sess. 01**
\$335.00 per child for twice a week - **Sess. 02**

Instructors: Family Tree Staff

Description: Yoga postures, games, and partner poses, will provide a fun, non- competitive environment which will help each child build self-esteem and experience teamwork. This class will improve flexibility and strength. Concentration will improve through breathing exercises, and simple relaxation techniques.

American Girl Doll After School Fun (Ages 6 & Up)

Where: Family Tree Yoga 980 Hope Street

When: April 17th, 2016

Day: Sunday

Times: 1:00PM - 5:00PM

Fee: \$65.00 per child - **Sess. 01**
\$10.00 materials fee - **Sess. 02**

Instructors: Kimberly Motill

Description: **Fashion design** – You will make no - sew clothes and accessories for your American Girls!

Yoga – We will have a playful yoga class with our American Girls! Please wear comfortable clothes.

Masquerade craft - You will make pretty masks for you & your girl to wear to the tea party!

Tea Party – We will have a tea party with our girls ! (Juice and snacks will be served)

American Girl Doll Bingo – We will play this fun American Girl Doll themed game with candy game pieces!

Note: 5 year olds welcome with an enrolled sibling!



LEGO 101 (Ages 5 - 9)

Where: Davenport School on Monday

Northeast School on Tuesday

When: May 2nd - June 6th (No class 5/30)

May 3rd - May 31st - Tuesday

Day & Time: Monday - 4:00PM - 5:15PM - **Sess. 01**
Tuesday - 2:50PM - 4:05PM - **Sess. 02**

Instructor: CT Computer Education Staff

Fee: \$109.00 per child for 5 weeks per session

Description: This class makes all the Lego™ bricks go haywire. Use our books to create androids, machines and cars to create your own invention. Children will work individually and in groups. No Lego's will be taken home. Please bring a snack to class. Pictures will be e-mailed home.



Kids Yoga (Ages 6 - 11)

Where: Family Tree Yoga 980 Hope Street

When: April 12th - June 16th

Day & Time: Tuesdays / 4:15PM - 5:15PM
Thursday / 4:30PM - 5:30PM

Fee: \$185.00 per child for once a week - **Sess. 01**
\$335.00 per child for twice a week - **Sess. 02**

Instructors: Family Tree Staff

Description: Yoga postures, games, and partner poses, will provide a fun, non- competitive environment which will help each child build self-esteem and experience teamwork. This class will improve flexibility and strength. Concentration will improve through breathing exercises & simple relaxation techniques..

Paint Draw & More Art Program (Ages 5 - 12)

Where: Davenport School

When: April 13th - June 8th

Day: Wednesday

Time: 4:00PM - 5:00PM - **Ages 5-7 - Sess. 01**
5:00PM - 6:00PM - **Ages 8 - 12 - Sess. 02**

Fee: \$173.00 per person for 9 weeks

Instructor: Jo-Anne Claybourne

Description: This program teaches children to draw what they see, while enhancing their drawings with their own ideas and concepts and using different materials in creative ways. The class environment is non-competitive and fun. This program helps children to build self-esteem through their drawing success and enhances hand-eye coordination, as well as spatial and color relationships. **Offered by Paint, Draw and More**

Chess Wizards (Gr. K & UP)

Where: First Presbyterian Church/ 1101 Bedford St.

When: April 2nd - May 28th (No class 4/9)

Day: Saturdays

Time: 9:30AM - 10:30AM

Fee: \$135.00 per child for 8 weeks

Instructor: Certified Chess Wizard Staff

Description: Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience.



Calling All Chefs (Gr. K - 2)

Where: Zion Lutheran Church/132 Glenbrook Rd

When: April 14th - May 19th

Day: Thursday

Time: 4:00PM - 5:00PM

Instructor: Nancy & Nicole

Fee: \$75.00 for six weeks

Description: Calling all chefs! Come aboard the cooking train! We're heading off on a delicious adventure, filled with healthy exciting recipes! We'll learn about food as we mix, measure, scoop and stir together! Each week there will be a yummy new recipe, lots of laughter and a tasty dish to enjoy!



Youth & Teen Music Programs

Musikids Keyboard I (Ages 6 - 8)

Where: Westover Elementary School

When: April 13th - June 1st

Day: Wednesday

Time: 6:00PM - 7:00PM

Fee: \$200.00 per child for 8 weeks

Instructor: Bob Fiorito

Description: This beginner program is a great way to introduce your child to the world of music. Unlike traditional piano instruction where students must plod through weeks of seemingly unrelated exercises, this program will have your child playing notes and music in no time at all.



Musikids Keyboard II (Ages 6-10)

Where: Westover Elementary School

When: April 13th - June 1st

Day: Wednesday

Time: 7:00PM - 8:00PM

Fee: \$200.00 per child for 8 weeks

Instructor: Bob Fiorito

Description: This keyboard program is designed for students who have successfully completed our beginner program or have had prior lessons. The program will build on their current keyboarding skills, and will have them playing their favorite songs. A max of 8 students



Guitar Lessons With Mr. Truglio

Where: Westover Elementary School

When: April 13th - June 1st

Day: Wednesday

Time: 5:15PM - 6:00PM

Fee: \$155.00 per student for 8 weeks/ **Max of 6 student!**

Description: **For grades 6 and up:** Introduction to guitar. For beginners and players with a little experience. Finger dexterity, reading, chords & getting around the guitar is all part of this program. You must supply your own acoustic or electric guitar.

Higher Level Guitar Lessons With Mr. Truglio

Where: Westover School

When: April 13th - June 1st

Day: Wednesday

Time: 6:00PM - 6:45PM

Fee: \$155.00 per student for 8 weeks /**Max of 6 students!**

Description: Continued study of guitar techniques for students with 1 -2 plus years of lessons. Music that is age appropriate will be used. You must supply your own acoustic or electric guitar.



Partial Music Scholarships Available

Limited partial scholarships available on all music programs listed on this page. To qualify, students must receive free or reduced lunch in the Stamford School System. For information call 977-5214!

Piano Lessons With Mr. Fiorito

Where: Westover School

When: April 14th - June 2nd

Day: Thursday

Time: 4:00PM - 4:45PM

Fee: \$170.00 per student for 8 weeks

Description: You will need a piano or keyboard at home to practice. **For grades 4 & up / Gr. 3 & up** if the student has completed our Musikids Keyboard II program. The basics of piano note & rhythm reading will be taught in this class as well as learning to play the piano correctly.



Piano Lessons With Mr. Fiorito II

Where: Westover School

When: April 14th - June 2nd

Day: Thursday

Time: 4:45PM - 5:30PM

Fee: \$170.00 per student for 8 weeks

Description: This program is designed for students with 2 plus years of study **experience grades 5 & up**. Younger students permitted with instructors approval. Students should already have basic reading skills and have a piano at home to practice. Assignments will continue to build piano skills.



Piano Lessons With Mr. Fiorito III

Where: Westover School

When: April 14th - June 2nd

Day: Thursday

Time: 5:30PM - 6:15PM

Fee: \$170.00 per student for 8 weeks

Description: This program is designed for students with 3 plus years of study experience or intermediate level grades 6 and up. Students must have reading skills. Assignments are progressively more complex. You also **need a piano or keyboard at home to practice.**



Voice Lessons With Mrs. Herrera - Crilly

Where: Dolan Middle School

When: April 14th - June 2nd

Day: Thursday

Times: 3:00PM - 3:45PM - Grades 6-8 - **Section A**

4:00PM - 4:45PM - Grades 4-5 - **Section B**

Fee: \$150.00 per student for 8 weeks

Description: "If you speak you can sing" We work on basic vocal technique (breathing, support, develop vocal & quality range), Develop your ear training through exercises and songs (all music styles). You will also develop the skill to sing with other voices in a group. an learn repertoire and preparation for auditions.



Youth & Teen Violin Lessons

Violin Lessons (Ages 8 - 13) Primary Level

Where: Westover Elementary School

When: April 19th - June 7th

Day: Tuesdays

Time: 5:30PM - 6:30PM (Ages 8-10) - Sess. 01

6:45PM - 7:45PM (Ages 11-13) - Sess. 02

Fee: \$240.00 per child for 8 weeks

Instructor: Jose Bastardes, Professional Violinist

Description: This program is designed for introducing the violin in a fun setting where the students will learn how to hold the instrument, the bow, basic theory and music reading and the basic principles for how to develop the ability to play the violin.

A Max of Three Students Per Class!

Violin Lessons (Ages 8 - 13) Intermediate Level - New

Where: Westover Elementary School

When: April 20th - June 8th

Day: Wednesday

Time: 5:30PM - 6:30PM (Ages 8-10) - Sess. 01

6:45PM - 7:45PM (Ages 11-13) - Sess. 02

Fee: \$240.00 per child for 8 weeks

Instructor: Jose Bastardes, Professional Violinist

Description: For students who already have a basic understanding of the Violin, **who have had two plus years of violin lessons.** In this course the students will learn how to develop higher technical abilities for both left hand and right hand, sensitivity to purity of tone and proper intonation. **A Max of Three Students Per Class!**

Violin Lessons For Current Primary & Intermediate Levels (Ages 8 - 13)

Where: Westover Elementary School

When: April 18th - June 13th (No class on 5/30)

Day: Monday

Time: 5:30PM - 6:30PM - Primary Level (Ages 8-13) - Sess. 01

6:45PM - 7:45PM - Intermediate Level (Ages 8-13) - Sess. 02

Fee: \$240.00 per child for 8 weeks

Instructor: Jose Bastardes, Professional Violinist

Description: This program is designed for students that have been currently taking the Primary & Intermediate level program this school year with Mr. Bastardes. All participants must receive approval from the instructor to register for these classes. **Max of Four Students Per Class!**



School Spring Vacation Camps

April Vacation Camp (Gr. K - 5)

Where: Westover School

When: April 4th - April 8th

Day: Monday - Friday

Times: 8:30AM - 4:00PM

Fee: \$175.00 per child

Instructor: Recreation Staff

Description: If you are looking for something fun for your child to do during the break, look no further! Each day campers will be involved in gym games, arts & crafts, sports, board games, outside activities and a few local field trips. All campers should bring a bagged lunch each day and the camp is open to a max of 100 students.

PEAK PERFORMANCE APRIL VACATION ALL SPORTS CAMP

Where: Turn of River Middle School

Dates: April 4th - April 8th

Days: Monday - Friday

Time: 9:00AM - 12:30PM Half Day - Sess. 01

12:30PM - 4:00PM Half Day - Sess. 02

9:00AM - 4:00PM Full Day - Sess. 03

ANY 3 Half Days 9:00AM - 12:30PM- **\$99.00**

ANY 3 Full Days 9:00AM - 4:00PM—**\$165.00**

Fee: \$165.00 per child per sess. for half day camp for 5 days
\$275.00 per child per sess. for full day camp for 5 days

Description: For Boys and Girls ages 4-12. This camp offers a combination of traditional sports games, physical education activities, and cooperative games. We ask that our full day campers bring a (peanut butter free) snack, lunch and water bottle, and our half day campers bring a peanut butter free snack and water bottle.

**Check out the Play - Well TEKnologies
April Vacation Camp on Page 10!**



April Lego Camp, Martial Arts & Youth Programs

Pre-Engineering Using Lego April Camp (For Ages 5 - 8)

Where: Davenport Elementary School

When: April 4th - April 8th

Day: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$130.00 per student / Max of 16 students in the camp

Instructor: Certified Play-Well Staff

Description: Let your imagination run wild with tens of thousands of LEGO®! Build engineer designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering Fundamentals.

Gold Coast All-Stars Cheer Tumble Class (Ages 6 - 12 ,Co-ed)

Where: Gold Coast All Stars, 64 Research Drive

When: April 13th - May 11th

Day: Wednesday

Times: 7:30PM - 8:30PM

Fee: \$102.00 per child per five week Section

Instructor: Gold Coast All Star Staff

Description: A basic introduction to the sport of competitive cheerleading & an opportunity to increase cheer skill levels for those interested in cheerleading in the community & on competition teams. Work with experienced staff on the proper techniques for cheer motions, jumps, dance and tumbling.



Empower Girls Yoga & Art (Ages 10 & Up)

Where: Family Tree Yoga 980 Hope Street

When: April 13th - June 15th

Day: Wednesday

Times: 4:15PM - 5:45PM

Fee: \$185.00 per child for 10 weeks

Instructor: Family Tree Yoga Staff

Description: Don't miss out on this special class where girls will gain tools to cultivate self-awareness, self-love, and self-esteem. Young girls are at an especially vulnerable time in their lives, and it is important for them to be surrounded with a group of kind, like-minded peers. We will practice yoga, learn meditation basics, create art, and work through personal issues in a safe and accepting space. The girls will be lead in a program of mentorship, support, and guidance. The goal is to empower girls to make positive decisions and create a healthy and meaningful lifestyle.

Team Wrigley Tae Kwon Do Beginner Training for Youth (Ages 7 & Up)

Where: Westover School Gym

When: March 28th - June 9th (no class 4/4, 4/6 & 5/30)

Days: Monday & Wednesday (must attend twice a week)

Time: 6:00PM - 6:45PM

Fee: \$150.00 per student (Twice a week)

Instructors: Mr. Tim Wrigley, 6th Degree Black Belt

Description: Taught safely with traditional values, Tae Kwon Do will help your child develop their physical coordination along with their concentration skills. Much more than learning the basic physical skills to defend themselves, Tae Kwon Do will help in all aspects of life - teaching respect for all things, giving them the positive influence and self confidence they will need to be successful at anything they do. Of course it is lot of fun to learn, and a good workout for our youth! Brand new students who enroll will start out with the rank of "White Belt" and will work towards higher ranks (also indicated by color) which are designed to help them with goal setting, have a sense of achievement and show their progress.

Team Wrigley Tae Kwon Do (Ages 7 & UP)

Where: Westover School Gym

When: March 28th - June 9th

Day & Time: By Rank (Must attend twice a week)

White: Monday & Wednesday : 6:00PM - 6:45PM - **Sec. A**

Yellow & Orange Belts: Monday & Wednesday

6:45PM - 7:30PM - **Sec. B**

Green & Blue Belts: Tuesday & Thursday

6:00PM - 7:00M - **Sec. C**

Red & Brown Belts: Tuesday & Thursday

7:00PM - 7:45PM - **Sec. D**

Black Belts: Monday & Wednesday

7:30PM - 8:30PM - **Sec. E**

Fee: \$165.00 per student (Twice a week)

Instructors: Mr. Tim Wrigley, 6th Degree Black Belt

Description: This Martial Art Program is designed specifically for returning students or those children who may have had prior martial arts experience elsewhere. Students enrolled who know the true benefit of Tae Kwon Do and how much fun it can be, will continue on their path to the eventual rank of Black Belt and beyond. Note that classes are separated by rank. Students can now expect to develop to more advanced level Tae Kwon Do skills than they have ever achieved before. Returning students should enroll in a class time according to their rank. *(Limited allowances may be possible with Instructor's approval, but we encourage all students to participate at their designated time slot).* *Students with prior martial arts experience elsewhere should enroll in the White Belt Class timeslot. A skill assessment of the student (during first week of classes) will completed by the Instructor determine starting rank.

Note classes: 4/4, 4/5, 4/6, 4/7 & 5/30



Youth After School Gym Programs

Pro Impact Soccer Academy Program For Youth (Gr. K- 5)

Where: Davenport School Upper Grass Field

When: April 20th - May 25th

Day: Wednesday

Time: 4:00PM - 4:50PM (Gr. K-2) - Sess. 01

5:00PM - 5:50PM (Gr. 3-5) - Sess. 02

Fee: \$100.00 per child for six weeks

Instructor: Pro Impact Academy Staff

Description: Our goal is for all children to leave with a smile on their face after each class. Soccer is not only a great game, but a great source of exercise & teamwork. We want every participant to learn in an exciting non-competitive environment. The classes will be focused on participant enjoyment while learning soccer skills through exciting and energetic games with a soccer ball. They will also work on becoming more comfortable with controlling their body, feet and the ball. The older class is a great start into more competitive and instructional soccer. The classes will be more focused on honing fundamental skills while introducing all aspects of soccer from dribbling, one v one, defense and small sided play. The older program entails more instruction through our drills and teaching to become a better soccer player.

Soft Sports & Games III (Gr K - 1)

Where: The Zion Lutheran Church 132 Glenbrook Road.

When: April 11th - May 23rd

Day: Monday

Time: 4:00PM - 5:00PM

Fee: \$45.00 per child for seven weeks

Instructor: Recreation Staff

Description: Whether you took the Winter program or this is your first time, you will love this after school gym class. Each week we will play a new game, sport or activity that is age appropriate and everyone will enjoy. A great way to make new friends and blow of some steam on a cold winter day.



Peanut Basketball (Gr. K - 1)

Where: The Zion Lutheran Church 132 Glenbrook Road.

When: April 12th - May 24th

Day: Tuesday

Time: 4:00PM - 5:00PM

Fee: \$45.00 for seven weeks

Instructor: Recreation Staff

Description: This program is designed to teach the fundamentals and basic skills of basketball. Each class will end with a game. What a great stress free way for your child to learn the proper way to play the game & meet some new friends! All students should wear sneakers & comfortable gym clothing.



Gym Madness (Gr. 1-2)

Where: Northeast School Gym

When: April 13th - June 1st (No class 4/27& 5/25)

Day: Wednesday

Time: 2:50PM - 3:50PM

Fee: \$40.00 for six weeks

Instructor: Recreation Staff

Description: Each week we will play a new game, sport or activity that is age appropriate and everyone will enjoy. A great way to make new friends and blow of some steam after school.



All Sports & Gym Games (Gr. 2-3)

Where: The Zion Lutheran Church 132 Glenbrook Road

When: April 14th - May 26th

Day: Thursday

Time: 4:00pm - 5:00pm

Fee: \$45.00 per child for seven weeks

Instructor: Recreation Staff

Description: Come join us each week as we will play a new sport or gym game for a full hour of fun. The first 10 minutes we will review the rules of the sport or game then it is all at fun.



Neighborhood Soccer (Gr.1 - 2)

Where: The Zion Lutheran Church 132 Glenbrook Rd

When: April 15th - May 27th

Day: Fridays

Time: 4:00PM - 5:00PM

Fee: \$45.00 for seven weeks

Instructor: Recreation Staff

Description: This fun filled class teaches young students the basic skills and fundamentals of soccer each week. Each class will end with a game. What a great stress free way for your child to learn the proper way to play the game in a recreational setting.



Intro Tennis Lessons (Ages 5 - 8)

Where: Zion Lutheran Church Gym/ 132 Glenbrook Road

When: April 16th - May 14th

Day: Saturdays

Time: 1:00PM - 1:45PM

Fee: \$75.00 per child for 5 weeks

Instructor: GSTA Instructors

Description: The Greater Stamford Tennis Association and Stamford Recreation Services is offering a 5 week introductory tennis program for kids age 5-8. The classes will feature age appropriate tennis equipment (shorter racquets, foam and low compression tennis balls) on short tennis courts. **Racquets will be provided for classes.**



Spring & Summer Aquatics Programs

Swim Lessons will take place at Westhill High School, 125 Roxbury Road. All Registrations must take place at the Stamford Government Center at the Recreation office on the 1st Floor, or online. Call 977-5214 for more information. Swim lessons are limited to 8 children per section and fill up fast. Swim lesson fees \$120.00 for 8 weeks per child for the Spring session.

Swim Lesson Level Description

Primary Skills (Ages 4 - 6)

This beginning level is intended for children who are just beginning their aquatic experiences. The objective is to help children feel safe & comfortable in the water. Children will learn how to float & kick while becoming familiar with basic arm & leg movement.

Stroke Readiness (Ages 6 - 7)

Children will learn fundamentals of freestyle & backstroke while improving kicking skills. Children will also learn to float without support, recover to a vertical position, front & back locomotion skills & rhythmic breathing.

Stroke Development (Ages 7 - 9)

Children will continue to improve freestyle & backstroke while also being introduced to new skills such as breast stroke & surface dives. Children will also learn to tread water & increase endurance by swimming familiar strokes for greater distance.

Stroke Refinement (Ages 10 - 12)

Children will refine their skills in all strokes while being introduced to the advanced stroke of butterfly. They will learn flip turns & proper starts in order to increase their speed, power, efficiency & smoothness while swimming.

Swim Class Days & Times

Mondays, March 28th - May 23rd (No class 4/4)

6:30PM-7:00 PM Primary Skills - Sess. 01

7:00PM-7:30 PM Stroke Readiness - Sess. 01

7:30PM-8:00 PM Stroke Development - Sess. 01

8:00PM-8:30 PM Stroke Refinement - Sess. 01

Wednesdays, March 30th - May 25th (No class 4/6)

6:30PM-7:00PM Primary Skills-Sess. 02

7:00PM-7:30PM Stroke Readiness-Sess. 02

7:30PM-8:00PM Stroke Development - Sess. 02

8:00PM-8:30PM Stroke Refinement - Sess. 02

Fridays, April 1st - May 27th (No class 4/8)

6:30PM-7:00PM Primary Skills - Sess. 03

7:00PM-7:30PM Stroke Readiness - Sess. 03

7:30PM-8:00PM Stroke Development - Sess. 03

8:00PM-8:30PM Stroke Refinement - Sess. 03

Free Public Swim

Monday, Wednesday & Friday

Public Swim takes place from 7:00pm - 8:45pm at Westhill High School Pool. The Spring session will run from March 28th - May 27th and will follow the school schedule for closings. **For more information please call the Recreation Office at 203-977-5214.**

Adult Swim Lessons (Ages 18 & up)

When: March 29th - May 24th (No class 4/5)

Day: Tuesday

Time: 7:00PM - 7:30PM - Sess. 01

7:30PM - 8:00PM - Sess. 02

8:00PM - 8:30PM - Sess. 03

Fee: \$150.00 per adult

Description: Lessons are designed for beginner adult who have no prior swimming experience. Emphasis will be placed on making the swimmer comfortable in the water on both their front and back sides. The swimmer will learn how to float, kick, and swim basic freestyle.

Youth Summer Swim Lessons

Session 1 - June 27th - July 8th, 2016

10:00AM-10:30AM - Primary Skills - Sess. 01

10:30AM - 11:00AM - Stroke Readiness - Sess. 02

11:00AM-11:30AM - Stroke Development - Sess. 03

11:30AM-12:00PM - Stroke Refinement - Sess. 04

Session 2 - July 11th - July 22nd, 2016

10:00AM - 10:30AM - Primary Skills - Sess. 01

10:30AM - 11:00AM - Stroke Readiness - Sess. 02

11:00AM - 11:30AM - Stroke Development - Sess. 03

11:30AM - 12:00PM - Stroke Refinement - Sess. 04

Session 3 - July 25th - August 5th, 2016

10:00AM - 10:30AM - Primary Skills - Sess. 01

10:30AM - 11:00AM - Stroke Readiness - Sess. 02

11:00AM - 11:30AM - Stroke Development - Sess. 03

11:30AM - 12:00PM - Stroke Refinement - Sess. 04

Days: Monday through Friday

Fee: \$140.00 per child for session 1

\$160.00 per child for session 2 or 3

Staff: American Red Cross Certified

Description: Swim Lessons will take place at Westhill High School, 125 Roxbury Road.

Lifeguard Training & Certification Class

Interested in a great summer job? Want to spend your summer at a pool or beach? All participants must be ages 16 and older. For more information call Matt Nordt, Assistant Superintendent at 203-977-4644.

Program Dates:

First Certification Class - Sess. 01

April 4th - April 8th, 2016 - 10:00AM - 4:00PM

Second Certification Class - Sess. 02

May 7th, 2016 - 10:00AM - 5:00PM

May 14th, 2016 - 10:00AM - 5:00PM

May 21st, 2016 - 10:00AM - 5:00PM

June 4th, 2016 - 10:00AM - 5:00PM

Fee: \$375.00 per student per section

Youth Tennis, Soccer & Fitness Programs

Pee Wee Tennis Lessons (Ages 5 - 7)

Where: Scalzi Park Tennis Courts

When: May 21st - June 18th

Days: Saturdays

SESSION ONE- (9:30-10:00 a.m.)

SESSION ONE- (9:30-10:00 a.m.)

SESSION TWO- (10:15-10:45 a.m.)

SESSION TWO- (10:15-10:45 a.m.)

SESSION THREE- (11:00-11:30 a.m.)

SESSION THREE- (11:00-11:30 a.m.)

FEE: \$60.00 per child per section

Staff: Classes will be taught by **GSTA staff**

Description: This program is designed to be a fun-filled introduction to tennis for children ages 5-7 with a game-oriented theme and utilizing 10 and under tennis program.

Eagles Soccer Academy (Ages 5 - 13)

Where: Lione Park

When: April 12th - June 2nd

Days: Tuesday and Thursday

Time: 5:15PM - 6:15PM / ages 5 - 7 - **Sess. 01**

5:15PM - 6:15PM / Ages 8-10 - **Sess. 02**

6:15PM - 7:15PM / Ages 11 - 13 - **Sess. 03**

6:15PM - 7:15PM / Ages 8 - 10 - **Sess. 04**

Fee: \$150.00 for 8 weeks, **30% discount for siblings but Cannot be done online only at the Rec. Office.**

Instructors: Eddy, Johnathan & Ricky Certified Instructors

Description: "Where seeds grow to harvest a bright future" At Eagles of Stamford we create a fun, safe and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. Please bring a bottle of water.

Practical Self Defense for Kids (Ages 8 & Up)

Where: Break Thru Family Fit 4 Life

When: April 3rd - June 5th

Day: Sunday

Time: 1:30PM - 2:15PM

Fee: \$200.00 per student for 10 weeks

Instructor: Andre Woodbury

Description: Through the use of drills and games, children learn life skills, self-reliance and self-defense along with discipline, focus, common sense and respect for others. This program will enhance their strength, flexibility and confidence levels. Classes end with Stranger Danger Awareness Drills where flash cards are used to develop instinctive responses to dangerous situations. (This class will be helmed by Andre Woodbury, a Krav Maga Instructor and Black Belt in Tae Kwon Do, as well as an engaging and talented teacher.) **A Healing Hearts Program For Kids! A program for kids with all abilities.**



Youth Tennis Lessons (Ages 8 - 12)

Where: Scalzi Park Tennis Courts

When: May 21st - June 18th

Days: Saturdays

SESSION ONE: (9:15AM-10:15 AM)

SESSION TWO: (10:30AM-11:30 AM)

FEE: \$150.00 per child

Staff: Classes will be taught by **GSTA staff**

Description: This program is designed to teach basic groundstrokes and volleys to children **ages 8-12** who have already played some tennis or athletic rookies who are looking to test their talents in a new sport.

Healthy Choices (Ages 6 & Up)

Where: Break Thru Family Fit 4 Life

When: April 7th - June 9th

Day: Thursday

Time: 4:30PM - 5:15PM - Fitness

5:15PM - 6:00PM - Cooking

Fee: \$130.00 per student for 10 weeks

Description: Fitness & Cooking fun! It begins with a game filled fitness period followed by a cooking section that sometimes lends proof to the idea that "the journey is more important than the destination". **A program for kids with all abilities.**



Sports Skills Express (Ages 8 & Up)

Where: Break Thru Family Fit 4 Life

When: April 3rd - June 5th

Day: Sunday

Time: 12:45PM - 1:30PM

Fee: \$140.00 per student for 10 weeks

Description: Play ball! Play games! Move to the beat! Have fun while developing motor skills and hand/eye coordination. (The priority is always on fun.) with the very creative, coordinated and kid friendly Andre Woodberry. Andre is a prolific Sports Skills Instructor and Assistant Coach at the Elementary School level as well as a talented personal trainer. **A program for kids with all abilities.**

Dance With Maria Fiora (Ages 6 & UP)

Where: Break Thru Family Fit 4 Life

When: April 4th - June 27th (No class 5/30)

Day: Monday

Time: 4:00PM - 5:00PM

Fee: \$240.00 per student for 10 weeks

Description: Dance with an emphasis on Ballroom, Latin and jazz styles with Maria Fiora of "Maria Fiora Dance Studio". Dance is great fun, good for you both physically and mentally and Maria loves to teach it! **A program for kids with all abilities.**

Youth Fitness Programs & Spring Fitness Camp

Heart Smart & Bodywise Fit Kids After School Program (Gr. 1-5)

Where: Bodywise Studio 990 Hope Street

When: March 28th - June 1st

Day: Monday - Sess. 01

Wednesday - Sess. 02

Time: 4:15PM - 5:30PM

Fee: \$85.00 per child for one day per week

Description: For boys and girls. Fun unique healthy alternative to your after-school routine, this pediatrician approved program provided in a kid friendly Fitness Studio in Springdale is it!! This innovative program held at Bodywise Studio provides fun, never boring fitness classes like: **Rebounding** mini-trampoline aerobics, **Cardio Boxing & Playground & Indoor kids Boot camp**, **Hopping**, **Zumba Kids & Yoga**. Program includes a world-class nutrition curriculum, "Nutrition Detectives" by Dr. David Katz of Yale. Program held at Bodywise Studio on Hope Street near the State Theater. Book both classes & receive a free yoga mat. Arrangements can be made with Betty for pick up at some schools for an additional fee.



Kids Night Out (Grades K - 5)

Where: Bodywise Studio 990 Hope Street

Day: Saturdays

Time: 6:00PM - 10:00PM

Fee: \$45.00 per night includes dinner, crafts & snack

Instructor: Betty Camlin, Certified Instructor

Description: Includes Fun Fitness, Rebounding & Yoga, Zumba Glow Disco, Games, Dinner. Making Fun Healthy Snacks, Karaoke, Active Video games, Popcorn and a movie!! Each one has a different theme. Themes may be subject to change. Bring towel and water bottle

Program Dates:

April 2nd - Girls PJ Yoga Glow - Spa Night - Sess. 01

April 30th - American Girl Doll - Zumba Glow - Sess. 02

May 21st - Jump Into Spring - Bouncing Glow - Sess. 03

June 18th - School Out For The Summer Party - Sess. 04

All Camps and Special events limited to 16 students

Fit To Go Spring Break Camp (Gr. K - 5)

Where: Bodywise Studio 990 Hope Street

When: April 4th - April 8th

Time: 10:00AM - 4:00PM

Days: Monday - Friday

Fee: \$190.00 per child

Instructor: Betty Kelly Camlin, Certified Instructor

Description : Fun Fitness & healthy Lifestyle oriented camp that includes: Rebounding (Aerobics on Mini-Trampoline), Fitness Hooping, Fun Boot Camps, Yoga, Yoga Circus, Face Painting, Playground Fun, Zumba, Active Video Gaming, Karaoke Lunches, Healthy Snack Prep, Field trips to Farmers Market, Dairy Inn, Subway, Fit Art & Crafts, (decorating yoga mats, cooking aprons, herb gardens and more) All tied into fun fitness, nutrition & healthy life style education.

Real Gym For Kids (Ages 7 & UP)

Where: Break Thru Family Fit 4 Life

When: April 4th - June 12th

Day & Time: 4:00PM - 6:00PM - Mon. - Fri.

9:00AM - 12:00PM - Sat & Sun

Fee: \$149.00 per student/ Unlimited days for 12 weeks

Instructor: Kimberly Colletto, ACE Certified Trainer

Description: A one-of-a-kind kids' fitness circuit with 10-12 strength and cardio machines. A REAL GYM, the only one around, with Kid sized equipment. Kids learn the right way to work out independently & form good habits for life. Great for kids who don't like competitive sports & a great supplement for sports conditioning. Program is customized to each child based on his/her individual needs. **Only 12.50 dollars per week for your child to feel good! All students must call Break Through Fitness (203 - 355-9395) for first time orientation.**

Krav Maga Kids (KMX) (Ages 7 - 13)

Where: Break Thru Family Fit 4 life/ 48 Union Street

When: April 4th - June 10th

Days & Times: Mon, Wed. & Fri. 5:00PM - 5:45PM

Fee: \$199. twice a week per student - Sess. 01

\$249.00 three times a week per student - Sess. 02

Instructor: Tom Bacha & Kimberly Colletto

Description: This is a unique kids version of the Israeli Self Defense and Military Training System for ages 7-13. It uses drills and games to teach children life skills, self-reliance. Personal Protection. Discipline, Focus, Common Sense, and also self confidence. Classes begin with a full 20 minutes of fun cardio drills (obstacle course, boot camp drills etc.), followed by realistic self-defense drills and end with Stranger Danger Awareness drills where flash cards are used to develop instinctive responses to dangerous situation.

Tone Executive Function Skills & Confidence By Skateboarding (Ages 8 & UP) - New

Where: Scalzi Skate Park

When: May 3rd - May 12th - 4 class classes

May 3rd - June 9th - 12 classes

Days & Time: Tues. & Thurs. - 4:00PM - 5:00PM

Saturday - 9:30AM - 11:30AM

Fee: \$99.00 per student for 4 classes - Sess. 01

\$360.00 per student for 12 classes - Sess. 02

Instructor: William Stowell-Alonso "Coach Bill"

Description: Come learn to skateboard and/or improve your skateboarding skills at Scalzi Skate Park. Did you know that cognitive and physical development can be adventurous and fun with the proper equipment! We work with all ages and abilities, 8 through adults. We teach all types of children and adults to skateboard, meditate and even do some yoga.

Adult Fitness, Tennis & Bus Trips

Krav Maga Adults (KMX)

Where: Break Thru Family Fit 4 life/48 Union Street

When: April 4th - June 12th

Days & Time: 11:15AM - Sunday

6:30PM - Monday, Tuesday & Thursday

10:30AM - Saturday

Fee: \$249.00 per person for 10 weeks unlimited

Instructor: Tom Bacha

Description: Krava Maga is the official Self-Defense and Fighting System of the Israeli Defense Forces and various police departments through the United States. This highly effective, easy to learn system of Self -defense is offered for men/women of all ages & skill levels.

Women's Group Training Class

Where: BreakThru Family Fit For Life

When : April 4th - June 8th

Day: Wednesday

Time: 6:30PM - 7:30PM

Fee: \$149.00 per person for 10 weeks

Instructors: Kimberly Colletto

Want a personal trainer, but can't afford the prices? One-on one instruction in a group setting!!! Learn how to work out efficiently for your individual body type, utilizing a women's only fitness circuit with a great cardio cross training and strength workout! Ace certified personal trainer specializing in women's fitness. **Fee also includes a free membership to the gym!**



Women's Only Gym

Where: BreakThru Family Fit For Life

When: April 4th - June 12th

Time: 7:30AM - 7:30PM - **Mon. through Thurs.**

7:30AM - 6:00PM - **Fri.**

8:00AM - 3:00PM - **Sat. & Sun.**

Fee: \$125.00 per person for 10 weeks/ Unlimited days

Instructors: Personal Trainer: Kimberly Colletto

Description: Intimidated by free weights? Don't like large gyms? Hate the crowds? This easy, 30-minute workout combines cardio-vascular exercise and strength training utilizing machines designed specifically for women. A staff personal trainer will get you started with a fitness evaluation, equipment instructions and help you establish goals. BreakThru to a new you!!! Includes one free body conditioning class per week. **Unlimited 7 days per week!**

Boston On Your Own

When: May 21st, 2016

Day: Saturday

Depart: Government Center Lobby at 7:00AM

Return: Government Center Lobby at 7:00PM

Fee: \$44.00 per person for residents

Description: Come enjoy a Spring day in beautiful Boston with your family or friends. We will drop you off at Quincy Market and you will have over 6 hours to enjoy the sights, shopping and dining. **Registration is limited to 52 participants!**



Adult Tennis Lessons (Ages 16 Plus)

Where: Scalzi Park Tennis Courts

When: May 21st - June 18th

Day: Saturday

Time: 9:30AM - 10:30AM

Fee: \$175.00 per person

Instructor: GSTA STAFF

Description: This program is designed to be an introduction to tennis. Participants will be taught the fundamentals of forehand, backhand, serves and volleys as well as the rules of the game.



Foxwood Casino Trip

When: April 23rd, 2016

Day: Saturday

Departure Time: 8:00AM

Return Time: 6:00PM

Fee: \$25.00 per person per trip / includes tip

Description: Come let us do the driving and enjoy a day at the Mohegan Sun Casino. Try your luck at the hundreds of table games, novelty games, keno and slot machines. Enjoy a day of great entertainment and food.

Men's Yoga Class

Where: Family Tree Yoga Studio 980 Hope Street

When: April 13th - June 15th

Day: Wednesday

Time: 7:30PM - 8:30PM

Fee: \$185.00 per person for 10 weeks

Description: This is a yoga class designed specifically to address the needs of men. This class will focus on balancing the strengths and weaknesses that are unique to men. Men can reap many benefits from a regular yoga practice, including: increased strength, flexibility & stamina; reduced stress; improved breathing; sharper focus; and enhanced overall health. This class offers the opportunity for men to explore, and experience the benefits of yoga in a non-competitive & non-judgmental environment. No yoga experience necessary.

Beginner Yoga For Adults

Where: Family Tree Yoga Studio 980 Hope Street

When: April 14th - June 16th

Day: Thursday

Time: 6:00PM - 7:00PM

Fee: \$185.00 per person for 10 weeks

Description: This class focuses on yoga basics and creating a strong foundation. This class helps to build strength and flexibility and offers pose modifications, breath awareness and simple meditation and relaxation techniques. A great class for those who are new to yoga, or who are restarting a practice.

Adult Fitness & Free Fishing Programs

BodyWise Bounce For Women

Where: Bodywise Fitness Studio 990 Hope Street

When: March 21st - May 10th

Day & Time: Mondays / 7:00PM - 8:00PM - Sess. 01

Tuesdays / 9:30AM - 10:30AM - Sess. 02

Fee: \$90.00 per person for one session per week

Instructor: Betty Camlin, Certified Instructor

Description: and rids the body of toxins, while enhancing the in **My Rebounding** class is better than ever and I would love for you to try it for the first time **FOR FREE!!** Known as the "healthiest exercise on the planet" Bodywise Bounce is an awesome, exhilarating, heart pumping aerobic program that I have PERSONALLY designed, performed on a mini-trampoline and provided in an inspiring, motivating group environment with fantastic dance/techno pop music. It will leave you energized like no other exercise can. **Includes Upper Body Boxing, Strength Training, Abs and deep stretch.** Non impact/ Burns tons of calories, tones muscles, increase bone mass. Every cell in body is stimulated. Rebounding is the only exercise that detoxifies mune system. **FREE CLASS MONDAY, MARCH 21st @ 7PM or TUESDAY, MARCH 22 @ 9:30AM**

Piloxing Barre Pump Fusion

Where: Bodywise Fitness Studio 990 Hope Street

When: March 24th - April 29th

Days & Times: Thursdays / 6:15PM - 7:15PM - Sess. 01

Fridays / 9:30AM - 10:30AM - Sess. 02

Fee: \$90.00 per person per session for 6 weeks

Instructor: Betty Kelly Camlin, Certified Instructor

Description: **BARRE CLASSES ARE** the latest fitness craze that reshapes your body entirely. The program focuses on Cardio-Core conditioning fusing Boxing & Ballet Barre routines, Pilates, Yoga, strength training, using light to medium weights or body weight, balls and more for resistance with stretching, into one powerful, body sculpting routine giving you long, lean muscles, a flatter stomach, toned legs, and a high, rounded seat. High energy, high calorie burn but low impact.

Women's Circuit Training

Where: Bodywise Fitness Studio 990 Hope Street

When: March 22nd - May 4th

Days & Times Tuesdays / 7:30PM - 8:30PM - Sess. - 01

Wednesdays/ 9:30AM - 10:30AM - Sess. - 02

Fee: \$75.00 per person per session for 6 weeks

Instructor: Betty Kelly Camlin, Certified Instructor

Description: Class combines interval cardio drills and muscle conditioning exercises for the ultimate circuit workout. Full-body workout packed with lots of variety in a FUN WOMEN ONLY STUDIO. You can burn 600-1000 calories in a class Rebounders, Elliptical machines, Long Ropes, Bosu Balls, Stability Balls, weights and more!

* * FREE FAMILY FISHING CLASS * *

Sponsored by CT DEEP C.A.R.E.

Program in Stamford

When: Friday, March 18th, 2016

Where: Stamford Government Center, 4th fl.

888 Washington Blvd, Stamford, CT

Time: 6:15pm - 8:30pm



IT'S FREE!



**Join CT DEEP for an introduction to fishing.
Learn to fish; then get outside for real fishing**

Certified CARE Instructors will teach your class. All teaching materials will be provided.

Adults & kids age 7 and up are welcome.

(Adults must accompany children. This is not a drop off class.)

Study CT Aquatic Resources. Learn to fish in, enjoy, and conserve our waters and our fisheries.

Learn safe angling methods, ethics & rules of the sport, how to tie knots and make rigs, how to use baits and lures, and how to identify, find & catch your own fish.

Join us to fish at our "secret fishing spot" on April 25, 2016. You can practice casting or get started right away. Bring your own gear or use ours! You provide your own bait.

**TO RESERVE YOUR PLACE, CALL
Stamford Recreation Services: 203-977-5214**



Update Your Account - New Registration Software

We have currently moved to a new recreation registration software as of December 3rd, 2015. If you did not register for any winter programs with Stamford Recreation, you will need to go on our new system and set up a new house hold account for your family. It is very important that you do this before spring programs and summer camp registration begins. It is very difficult for our staff to assist customers during the first day of on-line registration and this will speed up your registration process.

Welcome To Summer 2016 With Stamford Recreation

The next 11 pages of this Brochure are filled with Day Camps, Activity Programs, Playground Program, Preschool Camp Art, Sports, Fitness, Educational, Science Camps, Lego, Acting Camps and More! **The registration dates for our Preschool, Day Camps, Activity Programs and Playground Program are listed on page 3 of the Brochure.** Registration for all other summer specialty camps begins on-line March 15th & walk-in registration begins March 16th, 2016. **Note: With having a new registration program, anyone that has not yet set up a new account should log on to our website and do so before camp registration begins. Whether you register online or in person it will speed up the registration process for you.**

Tiny Tots Preschool Camp & Barrett Park Playground Program

Tiny Tots Preschool Camp (Ages 3 - 5)

Where: Roxbury Elementary School

When: June 27th - July 8th - Sess. 01

July 11th - July 22nd - Sess. 02

July 25th - August 5th - Sess. 03

Days: Monday - Friday - (No program 7/4)

Time: 9:00AM - 12:00PM

Fee: \$166.50 - Session 1

\$185.00 - Session 2 & 3

Description: Looking for something exciting for your preschooler to do this summer, then look no further. This six week summer program consists of both educational & recreational activities. Each day consists of games, arts & crafts, gym activities, sports, nature, story time, water games and more. Our camp is run by a certified (current) elementary school teacher who has exciting days planned that will help prepare your child for kindergarten. **What a great way to also give yourself some quality time each day in the summer.** Any child that has graduated kindergarten is not eligible for this camp. Campers should bring a back pack each day with extra clothes and should wear sneakers. Registration cannot be done online for this program and parents must bring a copy of their child's Birth Certificate and full payment to register. **All children must be potty trained to attend camp and no refunds will be given. Registration Begins on Thursday, March 10th at 8:30am! Our camp is run by a current preschool teacher who has been with our program for over 7 years!**

Barrett Park Playground (Ages 6 - 12)

Where: Barrett Park on Newfield Ave

When: June 27th - August 12th (No camp 7/4)

Days: Monday - Friday

Time: 8:30AM - 4:30PM

Fee: \$330.00 per child

\$165.00 per child/ **Reduced Fee**

\$50.00 per child for summer busing to Barrett

Description: This Playground Program was formally offered at Cove Island Park but now will be held at Barrett Park. We will offer transportation from Cove Island Park each morning at 8:15AM to Barrett Park for the first 50 children that need transportation from the Cove Neighborhood. We will then bus the children back at the end of the day for sign out at 4:30PM at Cove Island Park for an additional one time fee listed below. All children must be preregistered for this playground program which is open to children ages 6-12 only (or 5 year olds that have completed Kindergarten). Each day children will be involved in arts & crafts, sports, board games, water games, special events and other creative activities. There are two major field trips that campers can sign up for and space is limited to the first 50 campers. Parents will be required to fill out a permission slip. **The playground will be closed on rainy days due to no indoor facilities.** Lunch will be provided or campers can bring their own lunch each day plus a swim suit, towel, sun-tan lotion, flip flops and a snack. This program is structured and campers will be grouped by ages and will play age appropriate games/activities. Any child age 5/6 must show a copy of their birth certificate & a copy of a school report card at registration and cannot be done online. Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment to process. **Any child that turns 13 before July 24th, 2016 is not eligible for this program.**



Attention Parents!

If you have a student at home age 16 or older and has experience working with young children, we have summer camp counselor positions available.

Applications are on-line at
www.stamfordrecreation.com

Davenport, Heroy Summer Day Camps & Soccer

Davenport Summer Day Camp For Ages (6 - 12)

Where: Davenport Elementary School

When: June 27th - August 12th (**No camp 7/4**)

Days: Monday - Friday

Time: 9:00AM - 4:00PM

Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM

Fee: \$950.00 per **child Full Pay**

\$400.00 per **child Reduced Fee**

\$25.00 per week for AM or PM Care

\$50.00 per week for AM & PM Care

Description: This traditional day camp mixes exciting activities, arts & crafts, adventures & offering new opportunities with friends that will create memories that will last a lifetime. **The program is for children ages 6 -12 or 5 year olds** who are currently in kindergarten. They will be involved in swimming 2 to 3 times per week (**Heroy Pool**) , sports, gym games, water games, color wars, weekly theme weeks, weekly field trips & more. We offer a ten to one camper ratio & children are grouped by age/ grade in groups. We have both outdoor and indoor activities each day. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online & we must have a copy of the lunch certificate at the time of registration with full payment to process.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located on the side of the gym by the outside playground each day. Please make sure you list your child's shirt size on the camp registration form. **There will a max of 160 children in this summer camp program. Any child that turns 13 before July 24th is not eligible for the program.**

Soccer Tikes Camp I (Ages 3 - 4)

Where: West Beach Turf Soccer Field

When: June 27th - July 1st - Sess. 01

August 1st - August 5th - Sess. 02

Days: Monday - Friday

Time: 9:00AM - 10:00AM

Fee: \$107.00 per child per one week section

Description: SoccerTikes innovative curriculum introduces children to the game of soccer through fundamental skills building activities, games & fun soccer challenges. We strive to create an interactive learning environment with maximum participation, lots of repetition, & of course fun. Your young camper will enjoy a magical week of soccer while making new friends. The program is designed to meet the dynamic athletic abilities of children, therefore we make sure all involved will improve their skills & have lots of fun! We stress skill building— not winning - thus there is no opportunity to fail. All campers will receive a ball and camp t-shirt.

Heroy Summer Day Camp For Ages (6 - 12)

Where: Heroy Park-Riding Stable Trail/off High Ridge Rd

When: June 27th - August 12th (**No camp 7/4**)

Days: Monday - Friday

Time: 9:00AM - 4:00PM

Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM

Fee: \$950.00 per **child Full Pay**

\$400.00 per **child Reduced Fee**

\$25.00 per week for AM or PM Care

\$50.00 per week for AM & PM Care

Description: If your child loves the outdoors they will love this camp located in North Stamford. This camp is set in a park that has its own baseball field, basketball court, pool, pavilion, tennis courts and an air conditioned recreation building. **Each day children ages 6 - 12 or 5 year olds** who are currently in kindergarten will be involved in activities, swimming, sports, games, crafts , color wars, video games and more. We also have weekly themes and several field trips throughout the summer. The program offers a 10 to one ratio so our staff gets to know every child. Campers are grouped by age/grade so they are involved in age appropriate activities. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online & we must have a copy of the lunch certificate at the time of registration with full payment to process.**

Please make sure you list your child's shirt size on the camp registration form. **There will be a max of 125 children in this summer camp program. Any child that turns 13 before July 24th is not eligible for the program.**

Soccer Tikes Camp II (Ages 4 - 7)

Where: West Beach Turf Soccer Field

When: June 27th - July 1st - Sess. 01

August 1st - August 5th - Sess. 02

Days: Monday - Friday

Time: 10:15AM - 11:30AM

Fee: \$107.00 per child per one week section

Description: A longer and slightly more advanced program for children. This camp is designed to introduce the beautiful game of soccer to developing players and newcomers alike. Each day activities are varied and include fun games created for young players. Campers will learn dribbling, ball control & striking through age - appropriate instruction. We will also play small sided games where a basic understanding of rules & strategy are introduced. Each activity has been designed to develop coordination , physical skills & social interaction. Players are matched to their age and ability. Our staff is specifically selected & trained to work with the younger player. All campers will receive a ball and camp t-shirt. Parents & caregivers are welcome to attend all camp sessions.

Westover Day Camp & Activity Programs

Westover Summer Day Camp (Ages 6 - 12)

Where: Westover Elementary School at 412 Stillwater Ave

When: June 27th - August 12th (No camp 7/4)

Days: Monday - Friday

Time: 9:00AM - 4:00PM

Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM

Fee: \$950.00 per child **Full Pay**

\$400.00 per child **Reduced Fee**

\$25.00 per week for **AM or PM Care**

\$50.00 per week for **AM & PM Care**

Description: This traditional style day camp is our largest camp & is open to children ages 6-12 or 5 year olds who are currently in kindergarten. Each day is filled with a structured schedule of sports, crafts, swimming, color wars, board games, activities, special events and several field trips. This camp offers both indoor & outdoor activities and children will be broken up by age/grade. Lunch will be served each day for any child that wishes not to bring a lunch. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located between the main entrance and the auditorium each day. This summer. There will be a **max of 160 children!** Any child that turns 13 before July 24th is not eligible for the program. Westover will swim at Westhill High School Pool.

Parent & Me Total Sports Squirts (Ages 2 - 3)

Where: Scalzi Park

When: June 28th - August 9th

Days: Tuesday

Time: 9:30AM - 10:20AM

Fee: \$135.00 per child for 7 weeks

Description: With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction.



Total Sports Squirts Summer Program (Ages 3 - 5)

Where: Scalzi Park

When: June 28th - August 9th

Days: Tuesday

Time: 10:30AM - 11:30AM

Fee: \$135.00 per child for 7 weeks

Description: Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment.



Newfield & Stillmeadow

Activity Programs (Ages 6 - 12)

Where: Newfield School at 345 Pepper Ridge Road

Stillmeadow School 800 Stillwater Road

When: June 27th - August 12th (No camp 7/4)

Days: Monday - Friday

Time: 8:00AM - 4:00PM

Fee: \$500.00 per child **Full Pay**

\$250.00 per child **Reduced Fee**

Program - Newfield Activity Program

Program - Stillmeadow Activity Program

Description: Activity Programs are a combination of a playground & day camp program that features outdoor as well as indoor programs each day. Campers will be involved in group games, sports, arts & crafts (not every day), special events, playground time, and more. Group sizes are larger than a day camp and campers are grouped by age/grade to participate in age appropriate activities. **If your child is age 6 or 7 and attending camp for the first time, a day camp has smaller ratios and may be a better fit.** Younger campers will only participate in activities with older campers during supervised ALL CAMP SPECIAL EVENTS! We will also offer swimming twice a week at city pools on a first come first serve basis. **There will also be three major field trips which campers must sign up for separately. Each trip will take a max of 90 campers per site and parents will be required to fill out a permission slip.** Wait lists will be taken for each swimming and field trip. All trips are first come first served basis. Activity Programs have indoor capability and therefore will not close for inclement weather. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment to process.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located on the side of the gym by the outside playground each day. Please make sure you list your child's shirt size on the camp registration form. There will be a max of 160 children in this summer camp program. **Any child 13 years old before July 24th is not eligible for this program. The Newfield program will swim at Heroy pool and the Stillmeadow program at Westhill pool this summer.**



Summer Programs & Camps For Youth

Total Play Multi Sports Camp (Ages 5 - 11)

Where: Scalzi Park

When: August 1st - August 5th

Days: Monday - Friday

Time: 9:00AM - 4:00PM - Sess. 01

9:00AM - 12:30PM - Sess. 02

1:00PM - 4:00PM - Sess. 03

Fee: \$215.00 per child - Sess. 01

\$185.00 per child - Sess. 02

\$135.00 per child - Sess. 03

Description: Players will have the opportunity to experience up to 4 different sports each day. Sports included: Baseball, Basketball, Cricket, Flag Football, Hockey, Handball, Lacrosse, Soccer, Rugby and more! During the morning, players will focus on developing their technique and skills within each sport, and gain a basic understanding of playing a scrimmage. The afternoon will focus on small sided scrimmages in a tournament environment that encourage good sportsmanship and teamwork.

Slammer Tennis World Summer Camp

Where: Scalzi Park Tennis Courts

When: June 20th - July 29th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$652.00 for six weeks - Sess. 01

\$452.00 for six weeks/ Free & Reduced - Sess. 02

\$332.00 June 20th—July 8th / 3 weeks - Sess. 03

Description: Slammer Tennis World summer camp is designed to teach the participants the basics of tennis (rules, ground strokes, volleys, the overhead, and the serve) in a fun-filled atmosphere. It will also incorporate some light exercises and footwork drills to build stamina. This program is open to children 6 to 16 years old and campers will be grouped by age. All participants must bring their own tennis racquet, snack and a water bottle to camp each day. At the completion of this six-week tennis camp, participants will receive a certificate. Whether your child has tennis experience or not, they will enjoy this camp. (We have only 5 reduced fee spots for any child that receives free or reduced lunch at school. Please bring copy of the Board of Ed. Lunch certificate if your child qualifies for the reduced fee) **Note:** There is no free or reduced fee for a three week session

Lacrosse Squirts (Ages 3-5)

Where: Scalzi Park

When: June 28th - August 9th

Days: Tuesday

Time: 11:45AM - 12:45PM

Fee: \$135.00 per child for 7 weeks

Description: Players will learn how to cradle, shoot, catch, and scoop. Throughout the program participants will have fun developing their knowledge and understanding of scrimmaging in lacrosse.



Golf Squirts Summer Camp (Ages 4 - 10)

Where: Scalzi Park

When: June 27th - July 1st

Days: Monday - Friday

Time: 9:00AM - 9:45AM - Ages 4-5 - Sess. 01

10:00AM - 11:30AM - Ages 5 - 10 - Sess. 02

Fee: \$105.00 per child - Sess. 01

\$135.00 per child - Sess. 02

Description: (Ages 4-5) Using the SNAG (Starting New At Golf) system, participants use oversized, lightweight clubs to encourage the correct grip and swing technique. In a safe and controlled environment this program makes learning simple, progressive and fun. (Ages 5-10) Using the SNAG (Starting New at Golf System) the modified golf clubs will encourage players to develop the correct chipping, putting and driving techniques. Each day participants will receive personalized attention from our coaches, to develop their technique and their understanding for the rules and sportsmanship associated with golf.

NOGA Soccer Camp (Ages 3 - 12)

Where: Rippowam Magnet School Upper Turf Field

When: July 25th - July 29th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$200.00 per child

Description: UK Elite, in partnership with Stamford Parks and Rec, is proud to announce our 2016 Stamford community soccer camp! Our camp will provide your child with a fun-filled, safe environment where they will be able to reach their soccer potential. Our experienced staff will deliver a camp that will not only further each player's soccer development but also help foster a love of the game!! **Register through Stamford Recreation or online at www.nogasoccer.com**

Junior Lifeguard Program

Are you interested in lifeguarding – but not quite old enough yet? This course is designed to give 11 to 14 year olds a sneak peek into what it takes to become a great lifeguard. We cover all the basics and get you ready to enter the American Red Cross Lifeguarding program when you turn 15. The classes will take place at one of our beaches. Includes a Red Cross Certification in CPR/AED.

Mandatory Orientation on June 15th, 2016 at 6:30PM

All class times are 10:30AM - 1:00PM.

Days/Dates

Session I : Tuesdays/Thursdays - June 28, June 30, July 5, July 7, July 12, July 14, 2016

Session II: Tuesdays/Thursdays – July 19, July 21, July 26, July 28, Aug. 2, Aug. 4, Aug. 9

Fees: \$300 per Student per session



Slammer Basketball , Fitness & Sports Camps

Slamma Jamma Basketball Camp (Ages 6 - 14)

Where: Turn Of River School Gym

When: August 1st - August 5th

Days: Monday - Friday

Time & Ages: (Boys & Girls)

9:00AM - 12:00PM (Ages 6-9) - **Sess. 01**

9:00AM - 3:00PM (Ages 7-14) - **Sess. 02**

Fee: \$140.00 per child Section A (Includes Shirt & Ball)

\$190.00 per child Section B (Includes Shirt & Ball)

Staff: Bob Ruderman - Former College Coach

Joe DeVellis - Westhill High School

Description: For boys and girls ages 6 to 14. Slamma Jamma offers full day and half day sessions. The camp combines the teaching of the fundamentals of the game with games, contests, speakers, team competition and individual and team skill drills. Opportunities to apply these basic skills to the game of basketball are expanded for the more experienced players.

Shooting technique and drills are emphasized. The sessions are adjusted for the age, ability & experience of the campers .



Youth Elite Soccer Camp (Ages 6- 14)

Where: Rippowam Upper Turf Soccer Field

When: August 8th - August 12th

Days: Monday - Friday

Time: 9:00AM - 12:00PM (Ages 6 - 14) - **Sess. 01**

9:00AM - 3:00PM (Ages 7 - 14) - **Sess. 02**

Fee: \$118.00 per child for half day program

\$182.00 per child for a full day

Description: "YES soccer Community Camps are based on our fundamental approach to youth soccer coaching and are appropriate for players who play within their soccer communities. The main objectives of YES soccer Community Camps are to combine the overall development of the Player's physical capacities and fundamental movement skills with an introduction into the key components of soccer." **Campers receive a ball & dri-fit jersey, Shin guards and water bottle required. Please bring your own snacks & lunch**

British Soccer Camp (Ages 3 - 16)

Where: Rippowam Magnet School Upper Turf Field

When: July 11th - July 15th - **Sess. 01**

July 18th - July 22nd - **Sess. 02**

Days: Monday - Friday

9:00AM - 10:30AM - \$116.00 per child (ages 3-5) - **Sess. 1**

9:00AM - 12:00PM - \$164.00 per child - (6 - 16) - **Sess. 2**

9:00AM - 4:00PM - \$231.00 per child - (8 - 16) - **Sess. 3**

Description: Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Children from the age of 3 to 16 will be taught key techniques and skills. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament. Challengers professional British soccer coaches will be in town for two weeks in July – **see you on the fields!**

STARS Sports Camp (Ages 7- 12)

Where: Scofield Middle School

When: June 20th- June 24th - **Sess. 01**

June 27th - July 1st - **Sess. 02**

July 5th - July 8th (**No class 7/4**) - **Sess.03**

July 11th - July 15th - **Sess. 04**

July 18th - July 22nd - **Sess. 05**

July 25th - July 29th - **Sess. 06**

August 1st - August 5th - **Sess. 07**

Time: 9:00AM - 2:00PM

Fee: \$199. per child per session/ \$159.00 for session 3

Staff: Matt Shoztic & Mitch West, Certified Teachers

Description: Back for another summer of fun! Matt Shoztic and Mitch West's sports camp is a hit with kids and parents alike. This camp keeps your kids entertained while emphasizing good sportsmanship, team play, and all out enjoyment of such sports as **softball, soccer, kick ball, flag football, dodge ball, capture the flag and much, much more!** **An experienced and responsible staff ensures your child's safety and fun.** With both indoor and outdoor facilities the weather is never an issue. Camp runs from 9-2 Monday through Friday. Campers need to bring a lunch and a drink. Snack will be provided and each camper will receive a t-shirt.

For more information call 203-979-0393 or email

mshoz1@optonline.net

Fit To Go Summer Camp (Gr. K - 5)

Where: Bodywise Studio 990 Hope Street

When: June 20th - June 24th (M - F) - **Sess. 01**

August 15th - August 19th (M - F) - **Sess. 02**

August 22nd - August 26th (M - F) - **Sess. 03**

Time & Fee: 10:00AM - 4:00PM - \$190.00 per Session

8:30AM - 5:30PM - \$290.00 per Session

Instructor: Betty Kelly Camlin, Certified Instructor

Description : **Fun Fitness & healthy Lifestyle oriented camp that includes:** Rebounding (aerobics on mini-trampoline) , Fitness Hooping, Fun Boot Camps, Yoga, Yoga Circus, Face Painting, Playground Fun, Zumba, Active Video Gaming, Karaoke Lunches, Healthy Snack Prep, Field trips to Farmers Market, Dairy Inn, Subway, Fit Art & Crafts, (decorating yoga mats, cooking aprons, herb gardens and more) All tied into fun fitness, nutrition & healthy life style education! **Limited to 16 Students per section.**

Update Your Account

New Registration Software

We have currently moved to a new recreation registration software as of December 3rd, 2015. If you did not register for any winter programs with Stamford Recreation, you will need to go on our new system and set up a new house hold account for your family. It is very important that you do this before spring programs and summer camp registration begins. It is very difficult for our staff to assist customers during the first day of on-line registration & this will speed up your registration process.

Fitness, Chess & IncrediFlex Camps

Kids Fitness Camp Extravaganza For Ages 6 - 12

Where: BreakThru Family Fit 4 Life
When: July 11th - August 19th
Days: Monday - Friday (5 days a week)
Time: 4:15PM - 6:15PM
Fee: \$199.00 per person for all 6 weeks/ 5days a week
Description: Kids get in shape this summer with our exclusive Kids Boot Camp! Kids Krav Maga Classes and Kids Boot Camp are held in our 3000 square foot AC facility which includes Mini Trampolines, Agility Ladders, Rope Stations, Jump Ropes, Obstacle Courses and more. Plus a second gym with Kids sized Cardio, Core and Strength Machines! Health & Nutritional kid tips and friendly recipes are given by a certified personal trainer., who specializes in children's fitness. Fantastic, Kid friendly counselors make this camp a well rounded , fun filled experience!!!

Animation Flix (Ages 7 - 13)

Where: Stark Elementary School
When: August 8th - August 12th
Days: Monday - Friday
Time: 9:00AM - 12:00PM
Fee: \$175.00 per child
Description: Each day you'll use a new style of stop-motion, combining favorites from the past with new styles, making this program different each year! It's the ultimate arts and crafts program where students create, direct, and film their movies in age-appropriate groups. *Flix downloadable within a month after program ends.



Minecraft Flix (Ages 7 - 13)

Where: Stark Elementary School
When: August 8th - August 12th
Days: Monday - Friday
Time: 1:00PM - 4:00PM
Fee: \$175.00 per child
Description: You love Minecraft! Let your imagination be your guide as you turn the popular video game into an exciting Minecraft world. Using stop-motion animation you will bring Steve, the creepers, animals and more to life. Students will write, storyboard shoot and add voice-over in age appropriate groups. *Flix downloadable within a month after program ends.



Chess Wizards Summer Chess Camp

Play Games, Make New Friends & Spend All Day With Us Having Fun! (Grades Kindergarten and up)

Where: First Presbyterian Church/ 1101 Bedford St.

When: August 8th - August 12th

Days: Monday - Friday

Time: 9:00AM - 12:00PM - Sess. 01

12:00PM - 3:00PM - Sess. 02

9:00AM - 3:00PM - Sess. 03

Fee: \$190.00.00 per child **for half day**

\$310.00 per child **for full day**

Description: Chess Wizards is a fun way to have kids experience the excitement of chess. With half and full day classes, kids will play in mini tournaments, have interactive lessons with chess pros and play cool chess variants like bug house. It is proven that chess enhances cognitive development in children, improves both verbal and mathematical skills, and increases all levels of academic performance! Playing chess stimulates the mind and helps children strengthen skills such as focusing, visualizing goals, abstract thinking, and forming concrete opinions. Instructors (who are called "Wizards") provide all the materials necessary for your child to participate in the class and no additional purchase is required to attend. Snacks will be provided but full day kids should bring a lunch. All students will receive a trophy and wizards t-shirt. **Come join the fun!!!**



Animation and Minecraft Flix All Day Camp For Ages 7 - 13

Where: Stark Elementary School

When: August 8th - August 12th

Days: Monday - Friday

Time: 9:00AM - 4:00PM

Fee: \$350.00 per child / includes all supplies

Description: Animation: (In the Morning) Each day you'll use a new style of stop-motion, combining favorites from the past with new styles, making this program different each year! It's the ultimate arts and crafts program where students create, direct, and film their movies in age-appropriate groups. *Flix downloadable within a month after program ends.

Minecraft: In the afternoon) You love Minecraft! Let your imagination be your guide as you turn the popular video game into an exciting Minecraft world. Using stop-motion animation you will bring Steve, the creepers, animals and more to life. Students will write, storyboard shoot and add voice-over in age appropriate groups. *Flix downloadable within a month after program ends. **Each morning students will work on a new style of stop-motion animation in this ultimate arts & crafts animation camp.** In the afternoons students will let their imagination be their guide as they create an exciting Minecraft world for a movie they create. Students will work in age appropriate groups. Lunch supervision included at no cost!



Registration for all Spring, Summer Sports , Art, Science and Specialty Camps begin on-line, March 15th, 2016. Walk-in registration begins on Wed. March 16th , 2016 at the Recreation Office.

Skyhawks Summer Sports Camps For Youth

Mini - Hawk Camp (Ages 4 - 7)

Where: Scalzi Park

When: June 27th - July 1st

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per child / Includes T-shirt & ball

Description: This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes.

Beginning Golf (Ages 5 - 8)

Where: Scalzi Park

When: August 1st - August 5th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per child? Includes T-Shirt

Description: Skyhawks Golf focuses on building the confidence of young athletes by teaching proper technique to refine essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting, and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG utilizes a set of equipment designed for beginning golfers, including oversized plastic club heads and “mini tennis balls” to help build confidence and to have fun. Developed by PGA professionals, SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs--all equipment is provided. We keep the instructor-to-camper ratio low, resulting in limited availability. **These programs fill up quickly.**

Flag Football (Ages 7 - 12)

Where: Scalzi Park

When: July 5th - July 8th

Days: Tuesday - Friday

Time: 9:00AM - 12:00PM

Fee: \$119.00 per child / Includes T-shirt & ball

Description: Through our “skill of the day” activities, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning – all presented in a fun and positive environment. Skyhawks Flag Football is recommended for beginning to intermediate athletes. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron!

Skyhawks Tennis With Quick Start (5 - 9)

Where: Cummings Tennis Courts

When: July 18th - July 22nd

Days: Monday - Friday

Time: 9:00AM - 10:30AM (Ages 5-6) - Sess. 01

9:00AM - 12:00PM (Ages 7 - 9) - Sess. 02

Fee: \$109.00 per child Sess. 01

\$139.00 per child Sess. 02

Includes T-shirt & Merit Award

Description: Skyhawks Tennis with Quickstart is a new format to help kids ten and under learn and play tennis. To create a successful learning environment, we have made modifications to our traditional tennis program. The court is smaller and has shorter nets, and the racquets are smaller, and the balls are foam. With these modifications, any child between the ages of 5 and 9 can immediately begin playing tennis, even if he or she has never picked up a racquet before. Quickstart is the fast, fun way to get kids into tennis – and keep them playing. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play. The participant-to-coach ratio is approximately 8:1. **Due to limited court space, these programs fill up quickly**

Skyhawks Tennis (7 - 12)

Where: Cummings Tennis Courts

When: July 25th - July 29th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per child - Includes T-shirt & Merit Award

Description: Grab your tennis racquet and get ready to play! Whether you're a beginning, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Each player is given personal attention and taught through repetition in an enjoyable, lively atmosphere.

Skyhawks tennis breaks down the fundamental skills of tennis through easily understood games and exercises to help improve the athlete's overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play. **Due to limited court space, these programs fill quickly.**



Summer Art, Acting & Science Camps

Paint Draw & More Art Camp For Kids (Ages 5 - 13)

Where: Roxbury Elementary School

When: July 5th - July 8th - Sess. 01

July 11th - July 15th - Sess. 02

July 18th - July 22nd - Sess. 03

July 25th - July 29th - Sess. 04

August 1st - August 5th - Sess.05

Days: Monday - Friday

Time: 8:30AM - 2:30PM / **Bring a Smock!**

Fee: \$248.00 per child **session 1**

\$310.00 per child per **session 2 - 5**

Description: This fun summer art camp is designed for students age 5-13. Each day includes creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, cartooning, collage, print making, and group projects. Story telling, music making and movement will also be added as time allows. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. A compilation of the weeks activities may end up in an art show or small performance for the parents.

Brixology For Grades 2 - 5

Where: Springdale Elementary School

When: August 1st - August 5th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$225.00 per child / includes all supplies

Description: Brixology Camp sets the foundation for our next generation of makers! Kids learn about different types of engineering and then team up to construct a different engineering-themed project using LEGO® bricks. They learn about aerospace engineering while assembling a space station. They explore mechanical engineering as they build boats and vehicles. That's not all from carnival rides to drawing machines, mechanical animals to truss bridges, your future engineer will build upon their creativity to solve real-world design challenges, while developing their problem-solving and team-building skills. Let the tinkering begin! **Offered by Mad Science!**



Intensive 1 Film Making/ Acting Ages 11- 14

Where: Toquam Elementary School Café

When: August 1st - August 5th

Days: Monday - Friday

Time: 12:30PM - 4:00PM

Fee: \$275.00 per student / includes all supplies

Description: For those with a passion for filmmaking/acting who are ready to make consistently good movies. Professional filmmakers will work with you to experience the moviemaking process from script writing through pre-production and filming. Everyone will work together developing a script, use professional filmmaking equipment, learn techniques for Acting and Directing and work in each of the main crew positions; including Director, 1st AD (Assistant Director), DP (Director of Photography), Gaffer (lighting) and Sound, while making movies together.



Performing Arts Camp (Ages 6 - 14)

Where: Westover Elementary School Auditorium

When: July 11th - July 15th

Days: Monday - Friday

Time: 8:30AM - 2:30PM

Fee: \$275.00 per child

Description: The Performing Arts Programs, Inc. is a professional program designed for students of all skill levels. The Summer Program is a week-long experience for the young drama and dance enthusiast. They provide a creative and nurturing environment for each child to come out of their shell, gain confidence and express themselves. The program concludes with a performance for family and friends on the last day. In the mornings students will participate in exciting Acting and Dance classes. **The afternoons will be rehearsals for the performance.**

NASA: Journey into Outer Space For Grades (1 - 5)

Where: Springdale Elementary School

When: July 25th - July 29th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$225.00 per child/ **includes all material**

Description: Set your future space explorers on a trajectory from our Earth's atmosphere to the outer reaches of our solar system! This hands-on program will bring children closer to the stars, planets, comets, the galaxy and more. Mix up various planetary atmospheres, one molecule at a time, and act out the weight of the atmosphere! Live the life of an astronaut as you discover and experiment with technology designed for outer space. Become a star gazer as you learn to read a star chart and see how constellations change when you travel across the galaxy. Build your own Skyblazer Rocket, race a balloon rocket and more! Blast off with our Mad Science rocket launch. Camp includes daily take homes that are **NASA approved! Offered By Mad Science !**



Special FX Filmmaking By Film Makers Ink (Ages 8 - 10)

Where: Toquam Elementary School Café

When: August 1st - August 5th

Days: Tuesday

Time: 8:30AM - 12:00PM

Fee: \$250.00 per child/ includes all material

Description: You will develop a movie idea and learn to use Special FX to film it. You'll learn how to make people walk through walls, appear and disappear and several other in-camera effects as well as computer Visual FX. At the same time you will also learn camera basics and teamwork. You will write, shoot, edit and screen a rough cut of your movie for family and friends at your **Premiere** on the final day of film camp. Students are encouraged to bring their own video camera, digital media (tape or card), and tripod, only if they already own them.



Summer Technology & Educational Camps

Engineering For Kids Summer Camp Grades PK - 2nd

Where: Springdale Elementary School

When: July 18th - July 22nd

Days: Monday - Friday

Time: 9:00AM - 12:00PM - Sess. 01

1:00PM - 4:00PM - Sess. 02

9:00AM - 4:00PM - Sess. 03

Fee: \$375.00 per child for full day session includes both camps
\$250.00 per child for the AM or PM Camp only

Medieval Defense (Morning Camp): Do you have what it takes to defend your castle and maintain your family's honor? If so, then don your armor and draw your sword for The Engineering of Medieval Times. In this camp, students build their very own castle and then work to defend it by engineering canons and catapults. Become a knight and join us on the quest for glory and justice! In The Engineering of Medieval Times, students will explore civil, mechanical, and marine engineering.

WeDo™ Robots, Amazing Mechanisms (Afternoon Camp)

This class is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Using LEGO® bricks, students build a dancing bird, a smart spinner, and a drumming monkey. They also learn how to program and operate their creations using a laptop computer. **All supplies included and Max of 16 children per camp.**



Engineering For Kids Summer Camp Grades 3rd - 8th

Where: Springdale Elementary School

When: July 18th - July 22nd

Days: Monday - Friday

Time: 9:00AM - 12:00PM - Sess. 01

1:00PM - 4:00PM - Sess. 02

9:00AM - 4:00PM - Sess. 03

Fee: \$375.00 per child for full day session includes both camps
\$250.00 per child for the AM or PM Camp only

Building Cities: While many cities have developed over hundreds or even thousands of years, in modern times some cities, like Songdo in South Korea, are being built from the ground up in a very short time. Students will take up the role of a team of city planners, looking to design the best city in the world from the ground up. In this camp, students will explore civil, electrical, industrial, and environmental engineering. They will explore energy production, water filtration & building structures.

LEGO® Rescue Robotics: (Afternoon Camp) This curriculum is designed to introduce students to the world of not only building, but also programming basic robots. Throughout this course the students will explore different ways in which a robot could be utilized to respond in disaster situations. **All supplies included and Max of 16 children per camp.**



Pre-Engineering Mine Craft Building With Lego's (Ages 5 - 7)

Where: Springdale School

When: August 8th - August 12th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$156.00 per child for a 5 day camp

Description: Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO or a seasoned veteran, you'll be hooked on the endless creative possibilities

Max of 24 students!



Engineering Fundamentals Mine Craft, Building With Lego's (Ages 8 - 12)

Where: Springdale School

When: August 8th - August 12th

Days: Monday - Friday

Time: 1:00PM - 4:00PM

Fee: \$156.00 per child for a 5 day camp

Description: Bring Minecraft to life using LEGO®! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO.

Max of 24 students!



Chemistry & Beyond (Ages 5 - 12)

Where: Stillmeadow School

When: August 16th - August 19th

Days: Tuesday - Friday

Time: 8:30AM - 2:30PM

Fee: \$175.00 per child for 4 day camp

Description: Join the fun in this class as we experiment with reactions to various products we use every day. Come join this fun filled class of experiments. Please advise us if child/children are allergic to different products such as milk, baking soda, baking powder, vinegar, salt, latex, sugar or cleaning products. This class involves hands on experiments teacher directed and with experiments done by children. Children are required to wear safety goggles at all times which will be provided. Some experiments include gak, silly putty, bouncing balls, volcanos, fake snot, geysers and invisible ink. **Run by CT Computer Education!**



Summer Camps Offered By CT Computer Education

All camps will be held at Stillmeadow Elementary School located in the portable A/C classrooms in the back of the building. Please enter from the rear door located by parking lot!

CAMPS FOR PRESCHOOL AGES 3-6 (Tuesday - Friday)

K'NEX ® CREATIONS- June 28th - July 1st Time: 9:00-10:30AM Fee: \$100.00 per child

This camp teaches children how to build with the K'NEX ® building parts. This includes rods, connectors and movable pieces. If you can build with Lego's you'll enjoy K'NEX, Build cars, trucks and monsters. You dream it, you build it. **Bring a snack**

DINOSAURS&MORE DINOSAURS - July 19th - July 22nd Time: 9:00-10:30AM Fee: \$100.00 per child

Join the great dinosaur search without the dirt and bugs. Children will go on a fossil dig, assemble, measure and draw the great dinosaur and use computer technology to encourage the learning experience. We supply all materials for the class. **Bring a snack**

BASICS TO BUILDING - August 9th - August 12th Time: 9:00-10:30 AM Fee: \$100.00 per child

Young children love to build- and building is a great way to enter the world of engineering! Our hand- on exploration of simple machines introduces the basic concept of physical science and engineering. Children will use the Duplo Building System® to create animals and machines to buildings and vehicles. **Bring a snack**

CAMPS FOR CHILDREN AGES 5 - 12 (Tuesday - Friday)

Easy Animation 101- July 26th - 29th Time: 9:00AM - 1:00PM Fee: \$145.00 Ages 5-10

Join the fun in this exciting class where animation is as easy as 123 for your child. Young animators can choose from one of 10 characters to bring to life, including a pirate, zombie, fairy, and athlete. Technology is used in this class with tablets. Bring yours or use ours. **Bring a lunch**

ROBOTIC EXPLORERS- June 28th - July 1st Time: 8:30AM -2:30PM Fee: \$175.00 Ages 5-12

Children work with two different Lego ® Building Systems to build robots, amusement park rides and various construction vehicles. Children will use technology to make their inventions move. **Bring a lunch and a snack**

BATTLE ZONE WITH SPYBOTS - July 5th - 8th Time: 8:30AM-11:30PM Fee: \$130.00 Ages 6-12

Start your journey building one of the four Lego® Spybots. We provide the software for the missions and you maneuver through the course. Please bring a snack and a mini flashlight. Children work in pairs and groups to create the ultimate plan of attack. Let your imagination run wild in the course. **Please bring a snack**

FUN-GINEERING & CATAPULTS - July 12th - 15th Time: 9:00AM -10:30PM Fee: \$100.00 Ages 5-12

Children will build in groups using the Lego® building kits to learn about gears, levers, axles and pulleys. Then the challenge begins to build your catapult, compare and challenge your friends to ultimate battle. **Please bring a snack**

SUPERSLEUTH DETECTIVES/CSI - July 12th -15th Time: 10:30AM-1:00PM Fee: \$109.00 Ages 5-12

Move over Sherlock Holmes it's time to solve our mysteries using forensic, logic and technology. This class involves cracking codes, uncovering clues and revealing secret messages. **Please bring a lunch**

TECHNO-VATORS - July 19th- 22nd Time: 8:30AM - 2:30PM Fee: \$175.00 Ages 5-12

This class is for beginners to intermediate builders. Children will work with the LEGO® WEDO Robotics System to build a variety of robots, using sensors and motors. Some models include a lion, twirling top, birds and an alligator. Technology is provided to enhance the experience. **Please bring a lunch and a snack.**

SPACE EXPLORERS - July 26th -29th Time: 8:30AM -2:30PM Fee: \$175.00 Ages 5-12

This class teaches building techniques and how to design vehicles and structures with an outer space theme. This class includes gears, pulleys, cones and motors. Children will use the Lego® Building System to create rockets, space vehicles, spaceships and more. **Please bring a lunch and a snack**

TANKS, TRAINS AND TRUCKS - August 2nd - 5th Time: 9:00AM - 1:00PM Fee: \$145.00 Ages 5-10

Can you build a tank, train or truck from our building system? Which building structure is more stable? This class has something for everyone whether building from wood, clay, K'nex or Lego's. The fun begins when you race your inventions against other friends. This class also has a technology component which will be loaded on tablets. **Please bring a snack and a lunch.**

MINIONS,MINIONS &MORE MINIONS -August 2nd-5th Time: 11:00AM -3:00PM Fee: \$145.00 Ages 5-10

Minions are everywhereCome join our fun filled class with scavenger hunts, Lego® Building and computer technology. This class includes clay, paper, painting and foam activities. Tablets are welcome with Minions preloaded. **Please bring a snack and a lunch.**

MAKING YOUR OWN STAR WARS MOVIE - August 9th -12th Time: 9:00AM -10:30 AM Fee: \$100.00

Ages 5-12 Do you want to be the next Steven Spielberg? Ready set go...use your imagination, creativity and movie making experience to build with Lego® sets, backgrounds and pictures to create your masterpiece. The movie clip will be featured on YouTube. **Please bring a snack!**

Peak Performance Summer Sports Camps

PEAK ALL SPORTS CAMP

Where: Westhill High School

Dates: June 27th - July 1st - **Sess. 01**

July 5th - July 8th - **Sess. 02**

July 11th - July 15th - **Sess. 03**

July 18th - July 22nd - **Sess. 04**

July 25th - July 29th - **Sess. 05**

August 1st - August 5th - **Sess. 06**

August 8th - August 12th - **Sess. 07**

August 15th - August 19th - **Sess. 08**

Days: Monday - Friday

Time: 9:00AM - 12:30PM - **Full Week**

12:30PM - 4:00PM - **Full Week**

9:00AM - 4:00PM - **Full Week**

9:00AM - 12:30PM - **Any 3 Half Days**

9:00AM - 4:00PM - **Any 3 Full Days**

Fee: \$165.00 per child per section for half day camp

\$275.00 per child per section for full day camp

\$99.00 per child for any 3 Half Day Section

\$165.00 per child for any 3 Full Day Section

Description: For Boys and Girls ages 4-12. This camp offers a combination of traditional sports games, physical education activities, and cooperative games. We ask that our full day campers bring a (peanut butter free) snack and lunch and water bottle, and our half day campers bring a peanut butter free snack and water bottle. **Sess. 2 is discounted for one less day!**

PEAK BASKETBALL CAMP

Where: Westhill High School

Dates: July 11th - July 15th - **Sess. 01**

July 11th - July 15th + PM Camp - **Sess. 02**

July 18th - July 22nd - **Sess. 03**

July 18th - July 22nd + PM Camp - **Sess. 04**

Days: Monday - Friday

Time: 9:00AM - 12:30PM

9:00AM - 4:00PM

Fee: \$165.00 per person per section half day

\$275.00 per person per section full day

Description: For Boys and Girls ages 4 - 12. Once again Kevin Ireland will lead this highly qualified staff. Campers will develop all of their basketball skills - shooting, passing, dribbling, rebounding and defense. Our Basketball Camp immerses you in the sport, giving you the kind of focused, intensive training that is essential to improvement. Over the course of the camp week, your self confidence will grow along with your skills and overall appreciation of the game.

PEAK BASEBALL CAMP

Where: Westhill High School

Dates: July 25th - July 29th - **Sess. 01**

July 25th - July 29th + PM Camp - **Sess. 02**

August 1st - August 5th - **Sess. 03**

August 1st - August 5th + PM Camp - **Sess. 04**

Days: Monday - Friday

Time: 9:00AM - 12:30PM - **Half Day**

9:00AM - 4:00PM - **Extended Day**

Fee: \$165.00 per person per section half day

\$275.00 per person per section full day

Description: For Boys and Girls ages 4 - 12. Running the program again will be Ryan Smart. Our staff is comprised of standout college and high school players. This staff will provide instruction on hitting, pitching, fielding, throwing, base running and game strategies. Participants will be grouped according to age and/or skill level. Campers need sneakers (especially for rainy days indoors) and a glove, wearing cleats is optional. **Bring a peanut free snack.**

PEAK FLAG FOOTBALL CAMP

Where: Westhill High School

Dates: August 8th - August 12th - **Sess. 01**

August 8th - August 12th + PM Camp - **Sess. 02**

August 15th - August 19th - **Sess. 03**

August 15th - August 19th + PM Camp - **Sess. 04**

Days: Monday - Friday

Time: 9:00AM - 12:30PM - **Half Day**

9:00AM - 4:00PM - **Extended Day**

Fee: \$165.00 per person per section half day

\$275.00 per person per section full day

Description: For Boys and Girls ages 4-12. Ryan Smart will once again lead this highly qualified staff. This camp will develop all skills: receiving, passing, running routes, handoffs, punting, flag pulling, kicking and defense. Our Flag Football Camp immerses you in the sport, giving you the kind of focused, intensive training that is essential to improvement. Over the course of the camp week, your self confidence will grow along with your skills and overall appreciation of the game. **Campers need sneakers (for rainy days indoors) Bring a peanut free snack.**



PEAK PERFORMANCE
SPORTS CAMPS
TAKING KIDS TO THE TOP OF THEIR GAME!

NEW!!! PEAK PERFORMANCE LACROSSE CAMP

Where: Westhill High School **Dates:** June 27th - July 1st - **Sess. 01** / July 5th - July 8th - **Sess. 02** **Days:** Monday - Friday

Time: 9:00AM - 12:30M **Fee:** \$165.00 per session for half day/ \$275.00 per session for Extended Camp Day until 4pm

Description: For Boys ages 6-12 years old. Players of all abilities are welcome to join us for a fun instructional camp of lax drills, skill competitions, contests and games! Players will be divided up into two main groups by age and will focus on the basic fundamentals of the game. Players will be coached by former high school coaches, college and high school players and each group in the camp will be supervised by an adult coach. **Players must bring their own equipment. Full equipment required: helmet, shoulder pads, elbow pads, gloves, mouth guard and a stick.** Bring a peanut free snack and refillable water bottle.

NEW – Stamford Recreation Program Brochure Advertising Program

The Stamford Recreation Program Brochure is published three times per year in the Fall, Winter and in a combined Spring/Summer format. This publication includes all Recreation Services programs, leagues and special events.

The brochure is distributed to all City of Stamford public school children in grades K thru 6, City Libraries, Parochial Schools and Pre-Schools. It is also posted online at www.stamfordrecreation.com in PDF format.

Advertising in the brochure will be an option for businesses starting in the Fall of 2016 Brochure. This will be an effective and reasonably priced way to reach Stamford residents to enhance your business by reaching a demographic of households with pre-school and grade school children and adults who are active minded in sports, fitness and enrichment programs.

Ad options will include a ¼ page (4“ w x 5“ h) for \$250 or a business card size ad (3 ½ “ w x 2“ h) for \$150. Submission deadline will **June 30th, 2016 for the Fall brochure.**

If interested in this wonderful upcoming advertising opportunity please contact Scott Kassouf, Assistant Superintendent of Recreation at 203-977-5018 or Skassouf@stamfordct.gov.

A GREAT WAY TO HELP MAKE A CHILD FEEL SPECIAL!

The objective of this initiative is to match individuals or businesses who would like to sponsor a child/children in one or more Stamford Recreation Services programs throughout the year. Stamford Recreation Services will manage a database of sponsors and children and link them together. Interested sponsors should contact the Recreation Services Division at 977-5214. Gifts will pay directly for the child's program, and the parent or guardian of the child will be responsible for getting the child registered and to the program. Children and their families will be kept anonymous to the donor. Sponsorship forms for children will be available at the Stamford Recreation Services Office and on our web site at **[www. Stamfordrecreation.com](http://www.Stamfordrecreation.com)** . All Stamford youth ages 3 -13 who are qualified to receive free lunch in the Stamford school system will be eligible. Private or parochial school children must meet the same personal financial criteria to qualify for the public school free lunch program. There will be a limit of one sponsorship per year, per child and selections will be made via a lottery system. This scholarship program allows children an equal opportunity to participate in after school activities and recreation programs, such as swimming lessons, sports, camps, etc. and this initiative allows such families the opportunity to have their child(ren) become actively involved in organized after school and recreation programs.*

We look forward to the citizens of Stamford taking advantage of this wonderful program.! **For more information call the Recreation Office at 203-977-5214.**



Stamford Recreation Services

888 Washington Blvd.

Stamford, CT 06901

Tel. 203-977-5214 Fax. 203-977-5504

www.stamfordrecreation.com

